# CLOVERBUD QUARTERLY

St. Croix County 4-H Newcletter for Cloverbud Familier - Summer 2016





#### St. Croix County 4-H Day Camps

July 27 @ Hudson July 28 @ New Richmond July 29 @ Baldwin Registration forms due by: July 15

Are you looking for a day full of lively learning and adventure? Join St. Croix County 4-H at this year's *Island Adventure*! Youth (Kindergarten through 3rd grade) will participate in a day filled with fun hands on learning, games, songs, and snacks. Participants will also have the opportunity to meet and engage with youth from around the county. This one day event is being offered in Hudson, New Richmond and Baldwin. The cost of registration is \$10.00 and includes all activities and snacks. All youth need to bring a bag lunch. **Non 4-H youth are welcome and encouraged to participate.** (See flyer at the end of the Communicator)

#### 35th Annual St. Croix County FARM CITY DAY

Saturday, August 13, 2016 10am—2pm Crisdhome Farm (the Kruschke Family) 1471 220th Ave., New Richmond

\*Guided Farm Tours

\*Petting Barnyard

- \*Displays and Exhibits
- \*Farm Machinery Display

\*Free Lunch Served

\*Family Event

Visit us at www.sccfarmcityday.com or on Facebook

### NATIONAL NIGHT OUT

This year residents are asked to lock their doors, turn on outside lights and spend an evening outside with neighbors. Neighbor knowing neighbor is one of the most effective ways to prevent crime. See local law enforcement, service providers, and emergency vehicles.

WHO: EVERIONE WELCOME WHEN: AUG 2, EVENING WHERE: FORREST PARK, SOMERSET



St. Croix County 4-H Leaders Association meet on the 3rd Tuesday of every month at 7:00 pm St. Croix County UW-Extension Office / Ag Center in Baldwin

#### 2016 WESTERN WISCONSIN FARM FRESH ATLAS

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Your definitive guide to the freshest, most sustainable ideas for your table....from Hayward to La Crosse and back. Find farmers markets, Coops, private farms, and restaurants.



These farms make a great family day trip. Learn about beekeeping, pick fresh blueberries, wonder around a greenhouse, hold a baby lamb, and more.

Pick one up today from the UW-Extension Office

	2016	ne	r c		BUC	
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					I	2
3	4 HOLIDAY	5	6	7	8	9
10	11	12	13	14	15 Day Camp Registration Due	16
17	18	19	20 St. Croix County Fair	21	22	23
24	25	26	27 Cloverbud Day Camps	28	29	30
31						



	Ι	2	3	4 WI State Fair	5	6
7	8	9	10	11	12	13 Farm City Day
14	15	16 Fair Review Meeting	17	18	19	20
21	22	23	24	25 MN State Fair	26	27
28	29	30	31			

## Summer Popsicles

#### **Directions:**

Simmer 1/3 cup sugar + 3/4 cup water in a small saucepan until sugar is dissolved.

Blend 4 1/2 cups fruit (any kind you like) until smooth.

Add the sugar mixture to the fruit mixture and blend until combined.

Pour mixture into popsicle molds, insert stick, and freeze until solid.



A windsock is a type of kite used to detect wind direction and speed. Wind direction helps Meteorologists (scientists who study air temperature, wind direction and speed, and clouds) predict the weather.

#### **Supplies Needed:**

8 1/2 x 11 inch sturdy paper or cardstock
Different colors of crepe paper streamers
Kite string
Paperclips (1 per windsock)
Tape, tacky glue or hot glue
Single hole punch
Fan or access to outdoors



#### **Instructions:**

Have your child decorate their cardstock. Staple or tape the cardstock to make a ring. Tape or glue streamers along the bottom edge of the ring. Punch three holes equal distance around the paper ring at the top edge of the ring. Cut 3 pieces of string about 12 inches long. Tie one end of each string to the windsock at each of the 3 holes. Tie the 3 loose ends of the string to a single paperclip. Tie an additional 12 inch string to the paperclip.

#### **Questions You Can Ask Youth:**

- 1.) How does weather affect your life?
- 2.) What do you need to think about before going outside?
- 3.) What does the windsock do in the wind?
- 4.) How can you tell which direction the wind is coming from?
- 5.) What else can a windsock tell you besides the direction the wind is coming from?

#### Share / Reflect:

Have your child show off their finished windsock. Ask them, Where can we hang your windsock? What are some things you might consider before we hang your windsock outside?

#### More to Explore:

Use plastic bags or ribbon / fabric to make a windsock that is more weather resistant.

Why Character and Service Matter Discover ways to teach your kids these essential values By: Kari Jo Fore, Director of Bethel Highlands Preschool in Hudson.

In today's world, the concept of recognizing how one's actions affect others may seem foreign. But as we parents work to raise the next leaders, we can have a hand in changing that.

Parents are the most important role models. Children watch what you do and how you interact with others far more than they listen to what you tell them or how they should treat others. You are models for behavior, language, physical activity, manners, and probably the most important...character! How can we teach children to be good people? The good news and the bad news is that only 25% - 50% of our character is based on our genetic makeup. The good news and the bad news is that we get to shape that remaining 50% - 75%!

FOOD

DRIVE

There are hundreds of opportunities in everyday activities to model your part in the opread of good in the world. Things as simple as holding the door for the next person returning a shopping cart to the right place, or bringing dinner to a family in crisis are good opportunities to serve as a good role model for your child. Every time you participate in one of these helpful activities, you can ask you child, "What would happen if I didn't do that?" or "Do you think that was important to someone? Why? Who?" Act, then reflect. Its great practice for you as well.

Research shows that children repeatedly engage in generous and helpful acts when their character is praised, rather than the action. For example when praising a child who hugged a crying friend, you could say, "You really helped him feel better. I can see that you are someone who cares about the feelings of others!" rather than saying, "You helped him feel better, thank you for giving him a hug!"

Praise is more effective than rewards and helps keep intentions more genuine. But at the other end of the spectrum, when recognizing negative behaviors, its best to show disappointment in the behavior itself, rather than the person. As children grow, they will need less and less praise to shape their behaviors.

What if every parent prioritized character and service in raising their children? What a wild and wonderful world that would be!



#### 4-H Day Camp

July 27, 2016	9am-3pm at Grandview Community Park in Hudson
July 28, 2016	9am – 3pm at Mary Park in New Richmond or
July 29, 2016	9am- 3pm at Mill Pond Park, Baldwin

#### Registration and payment due July 8, 2016



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Name:		
	4-H Club:	(if applicable)
		City/ Zip:
Phone #:		
	has my permission to attend the	2016 Island Adventure Day Camp
(Child's Nam	e)	
× ×	e)	
Parents Signature	e) your child plans to attend:	
Parents Signature	your child plans to attend:	
Parents Signature Please check the day July 27, 2016 i	your child plans to attend:	
Parents Signature Please check the day July 27, 2016 i	your child plans to attend: n Hudson n New Richmond	

Campers registration and \$10.00 check due by <u>July 8</u> to: Please make checks to St. Croix 4-H Leader's Association Mail registration and check to 1960 8th Ave., Suite 140, Baldwin, WI 54002