

St. Croix County 4-11 Newsletter for Cloverbud Families

## Winter 2016

St. Croix County 4-H leader: Arrociation

3rd Tuesday of Every Month. 7:00 pm UW-Extension Office (Baldwin, WI)

## 7th Annual Fire & Ice

#### Celebration

#### February 13 (1-4pm) Starr Elementary Ice Rink

Create memories with your children when you attend this year's event. Dig for prizes in the giant snow bank, experience outdoor activities, ice sculpting, ice painting, horse drawn sled rides, and a warm bon fire.

# 1,000 Books Before Kindergarten Challenge

Reading helps build vocabulary, language skills, and helps prepare your child for school. Show your reading log at your local library to win prizes.

FOR 2016

PROGRAM

## Saturday, January 9

All youth are invited on January 9 from 9am—2pm at the New Richmond Commons. Learn a variety of cooking methods and other food related topics.

We will be making lefsa, chili, truffles, and banana bread. We will be learning about the following topics: proper hand washing, boiling water, browning meat, measuring, and My Plate education. We will also be covering table settings, discuss what the 4-H Foods Review is and provide you with some helpful kitchen tips.

The cost to attend is \$10.00 / youth. This includes lunch. Please register, by calling the UW-Extension Office 715-531-1930, by January 5. Bring containers with you to take the food you make home.



Mini Talent Explosion (MTE) February 13

Have your Cloverbud youth join in a club drama, club music performance, or present the 4-H pledge! Contact your club



# CLOVERBUD QUARTERLY—WINTER 2016

# WINTER ADVENTURE... Help your children

#### experience nature in a whole new way. Written By: Tami Linden

Children are always ready for the next adventure, weather its making a castle from an old refrigerator box, practicing writing their letters in shaving cream or dragging you outdoors in the freshly fallen snow to build the first snowman of the season. As parents, we think that our son or daughter's inquisitive nature and boundless ambitions for adventure come naturally, but the truth is its taught and modeled.

When children have an opportunity to regularly go outdoors and investigate the vast world of nature they learn to appreciate and value natures abundance. Here are two activities that you can do with your children that use inexpensive, everyday household items.

### **ICY SUN CATCHERS**

#### Supplies: 2 worn shoelaces

- Disposable 9 in aluminum pie tin
- Natural materials from your backyard (pine cones, sticks, acorns, etc.)

#### Directions:

- 1.) Create a handle by folding the old shoe lace in half and placing it in the center of the pie tin
- 2.) Arrange your natural materials in the pie tin over the shoe lace
- 3.) Fill the pie tin with water and place it on a flat surface outside in cold weather so it freezes.
- 4.) Once the sun catcher freezes remove it from the pie pan.

5.) Find a tree that's close to your bedroom window and hang it on a branch.

As long as the weather remains below freezing, you will be able to admire the beautiful creation that you and your children crafted together.

#### **BIG FOOT TRACKS**

#### Supplies: Pencil

- Scissors
- Clear packing tape
- Corrugated box cardboard
- Ruler
- Twine

## Directions:

1.) Break the box apart and draw one huge foot with three toes onto the cardboard.

- 2.) Cut out the first footprint.
- 3.) Once it is cut out, trace it onto the extra cardboard so you have to prints that are identical.
- 4.) Cut out the second footprint.
- 5.) Protect the cardboard from the wet snow by covering each footprint with clear packing tape.
- 6.) Trim the extra tape around the huge footprints.

7.) Place your shoes in the middle of the footprints and make a dot on both sides of your foot so that a string can be poked through to tie on the footprint.

8.) Cut a 2 foot length of twine for each footprint. Pull each end of the twine through the two holes so the footprint can be tied to your own shoe or boot.





# Interested in one of the listed programs? Visit our website for registration forms and information on specific programs.

Contact St. Croix County UW-Extension staff with questions on upcoming programming.



Website: <u>www.stcroix.uwex.edu</u> Facebook: <u>www.facebook.com/#!/chrisclover.st</u>croix

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