

# NEW 4-H FAMILY NEWSLETTER



St. Croix County 4-H Youth Development Program—Spring 2018

## Experiential Learning in 4-H!

Adapted from: Iowa State University Extension & Outreach

In 4-H, we practice learning by doing. In other words, young people learn through experience. During 4-H club meetings, members will participate in learning activities. But learning doesn't stop with the activity. Young people think about what they did and what they learned - they reflect on the activity. Then they learn to apply what they have learned to life at home or school, with friends or family, and possibly for a future career.



Adapted from D.A. Kolb, 1984.

### 4-H Emblem

The 4-H emblem is a four-leaf clover with the letter "H" on each leaf. The leaves of the 4-H Clover are green or black and the letters are white.



### 4-H Colors



Green



White





## 4-H Summer Camps

Like other 4-H projects and activities, 4-H camp is centered on the idea of providing youth a fun, hands-on environment to build and strengthen valuable life skills. St. Croix County co camps with Barron and Polk Counties. Camp is open to 4-Her's in grades 3-8. We also look for high school age camp counselors.

Camp is held at the beautiful Camp Kiwanis on the St. Croix River, just ten miles north of Stillwater, Minnesota for 3 days and 2 nights. This site has all the accommodations for an exciting camping experience. Recreational facilities at Camp Kiwanis include: 30' x 60' outdoor swimming pool, basketball and tennis courts, sand volleyball court, tetherball area, canoeing, large campfire circle, craft building, wilderness hiking trails, and softball diamond. Campers will participate in a variety of recreation, arts & crafts, and nature science activities. A campfire program is planned for each evening to reflect on the day and enjoy songs and skits performed by the camp counselors. Campers will be housed in same sex /same grade cabins with two high school age camp counselors per cabin.

Camp registration is on a first come first serve basis. Transportation to and from camp is provided for all youth. Camp scholarships are available to help families cover the cost of sending their children to camp. Look for more information about camp registration in the St. Croix County 4-H Communicator.

## WI TOUR

Join in the fun and take the adventure of the summer with the St. Croix County 4-H WI Tour. 4-H youth grades 5th—8th are welcome to register for our upcoming adventure to explore the great state of Wisconsin on July 31—Aug 2, 2018. Each year we choose a new area of the state to explore. For 2018 we will be traveling north to Hayward and Ashland. This is a wonderful opportunity for youth to learn about Wisconsin history, industry, and meet some new friends on the way. Look for registration information in the St. Croix County 4-H Communicator.



## Food / Clothing Judging

The food and clothing judging in St. Croix County is not held at the County Fair. These categories are judged before the fair begins.

Foods Revue: youth have the opportunity to create a menu and place setting and have a conference judging experience about their "meal".

Food & Nutrition: youth will cook / bake individual items to be conference judged

Cake Decorating: youth will have cakes / cookies / cupcakes that they decorated be conferenced judged

Clothing Revue: youth will model clothing items that they created for the judge

**June 9, 2018 - UW-Extension Office, Baldwin**

- Cake Decorating
- Foods Revue
- Clothing Revue

**July 14, 2018 - St. Croix County Fairgrounds, Glenwood City**

- Food & Nutrition



## St. Croix County Fair Registration

2018 St. Croix County Fair entries will be made online. The Blue Ribbon Fair Entry program will take your entries April 1<sup>st</sup> - May 31<sup>st</sup> 2018. The link to this site will be on the fair web page [www.stcroixcofair.com](http://www.stcroixcofair.com).

***THERE WILL BE NO CHANGES TO ENTRIES AFTER MAY 31<sup>ST</sup> & THERE WILL BE NO ENTRIES ACCEPTED AFTER MAY 31<sup>ST</sup>---NO EXCEPTIONS***

Use the helpful "How to Register" tool to the right to guide youth through the process. Remember: you need to include your Leader's email so they can check your entries and know that you have completed the entry process. Get all entries in by May 31<sup>st</sup> and submitted, or you will not be able to exhibit at the fair. If there are questions, please call your leader, or **Cindy Van Dyk 715.246.5486.**



### ST. CROIX CO. FAIR

#### HOW TO REGISTER

[www.stcroixcofair.com/fair/junior-fair-book](http://www.stcroixcofair.com/fair/junior-fair-book)



New & Returning Exhibitors

Create a New User Account .

1

- Establish a User Name and Password
- Enter information into all areas
- Include your leader /advisors email address for the requested additional email

Click on the Premium Book tab.

2

Select a 4-H Club or FFA Chapter.

Select a Department., choose the Class and Lot (do this for all areas you wish to enter).

3

Before submitting your entries click on the Pending Entries tab to review your entries. Here you can make changes.

On the checkout page click the box to affirm you have read the rules regarding the fair.

4

Click on the Summit button to compete the entry

Email the Fair Office: [stcroixcofair@gmail.com](mailto:stcroixcofair@gmail.com)

# Essential Elements of 4-H Youth Development

Adapted from University of Illinois Extension 4-H Family Handbook

As we grow and learn, all young people have four developmental needs. Those needs are:

**Belonging:** To know they are cared about by others

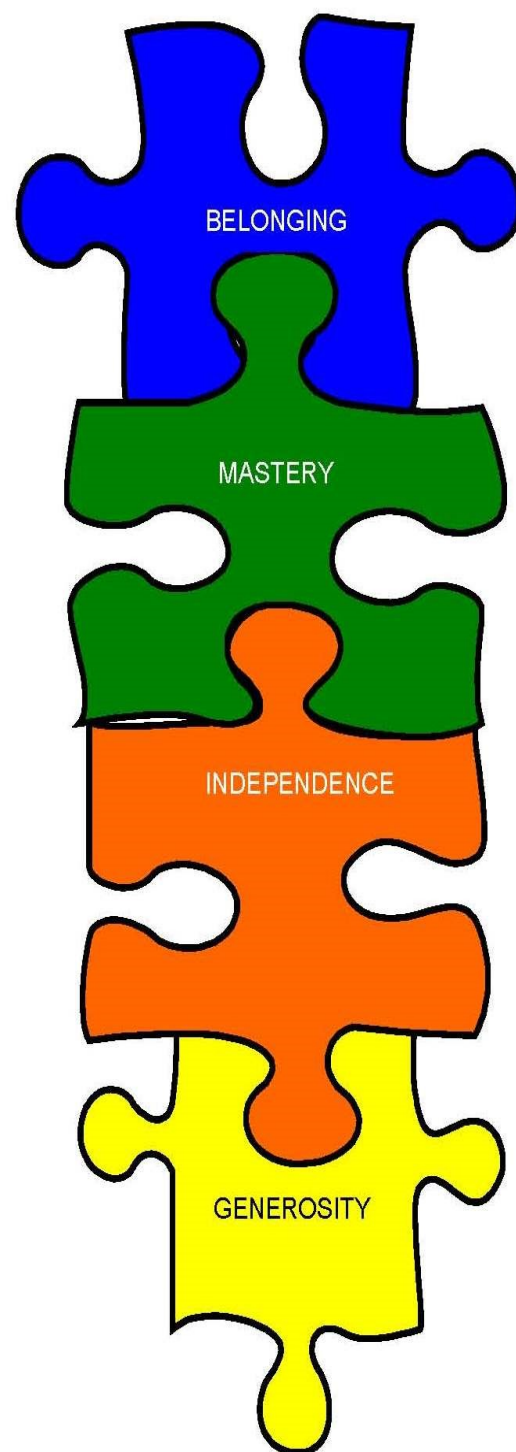
**Independence:** To practice responsibility and make decisions

**Generosity:** To practice helping others through their own generosity

**Mastery:** To feel and believe they are capable and successful

4-H helps meet these needs by providing positive youth development experiences. In 4-H, youth build skills and values, and use their skills, talents, and time in ways that make them feel confident and competent.

You may hear 4-H staff and volunteers talking about **BIG-M**. That is an easy way to remember these important developmental needs—**B**elonging, **I**ndependence, **G**enerosity, and **M**astery. These are essential needs that every child has.



## Contact Information

St. Croix County UW-Extension Office  
1960 8th Ave.  
Suite 140  
Baldwin, WI 54002  
715-531-1930  
715-684-2666 (fax)

*Heather Vierling*, 4-H Youth Development Agent  
[heather.vierling@ces.uwex.edu](mailto:heather.vierling@ces.uwex.edu)

*Melissa Heath*, UW-Extension Support Staff  
[melissa.heath@co.saint-croix.wi.us](mailto:melissa.heath@co.saint-croix.wi.us)

Websites:  
<http://stcroix.uwex.edu/>  
<http://4h.uwex.edu/>

# 4-H Power of YOUth

4-H is the youth development program of our nation's Cooperative Extension System.