



# CLOVERBUD QUARTERLY

St. Croix County 4-H Newsletter for Cloverbud Families

Fall 2018



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WE HAD A GREAT TIME AT CLOVERBUD  
DAY CAMPS THIS SUMMER!!!!



**St. Croix County Community Events**

- Sept. 8—Art on the Kinni (River Falls)
- Sept. 13-16—Fall Festival (Amery)
- Sept. 15-16—Apple Splash Festival (Somerset)
- Sept. 15-16—River Falls Bacon Bash (River Falls)
- Sept. 21-23—Heritage Days (New Richmond)
- Sept. 22-23—Spirit of the St. Croix Art Festival (Hudson)
- Oct. 6—Fall Color Bike Ride (Amery)
- Oct. 27—Hilltop Pumpkin Party (Hudson)
- Oct. 31—Rotary Halloween Parade (Hudson)
- Oct. 31—Community Trick or Treat (Somerset)
- Oct. 31—Downtown Trick or Treat (New Richmond)
- Nov. 16-18—Hudson Christmas Tour of Homes & Craft Sale (Hudson)
- Nov. 23—Light Up Night (Hudson)
- Nov. 23—River Dazzle (River Falls)
- Nov. 29—Hometown Holiday (New Richmond)
- Nov. 30—Candlelight Stroll (Hudson)

## Cedar Crest Ice Cream Flavor Contest

Cedar Crest Ice Cream and the Wisconsin 4-H Foundation have teamed up to present a Create an Ice Cream Flavor Contest.

**Who:** All 4-H groups in the State of Wisconsin

**What:** Develop and name an ice cream flavor

**When:** Entries must be sent or emailed to Cedar Crest Ice Cream no later than October 1, 2018.

For more information and to submit applications go to <http://www.cedarcresticecream.com/about-us/2018-cedar-crest-ice-cream-4-h-flavor-contest/>



# NATIONAL 4-H WEEK

OCTOBER 7-13, 2018

## Help St. Croix County Celebrate National 4-H Week!

**Sunday** - Make a 4-H poster to hang at school, the library, or around town telling people how great 4-H is.

**Monday** - Save someone's day. Do something really nice for someone else.

**Tuesday** - T-Shirt Tuesday. Wear your favorite 4-H t-shirt today.

**Wednesday** - Superheroes Unmasked: Heroes don't always wear capes. Write a thank you card to your hero (parent, 4-H leader, community member, etc.)

**Thursday** - Throwback Thursday—Alumni, 4-Hers parents, and volunteers post your child's (or your own) favorite 4-H memory on the St. Croix County 4-H Face Book Page

**Friday** - Help recruit new kids for 4-H. Get your friends to join a 4-H club.

**Saturday** - Help out with a community service project and make a difference.

### HONEY BEE POSTER CONTEST

Theme for 2018: Honey Bees: Jobs They Do!

Divisions: 2nd grade and under, 3rd-5th grades, 6th-8th grades, and 9th-12th grades

Prizes for each division: 1st - \$35, 2nd - \$25, 3rd - \$15

Rules:

1. Create a 11"x14" size poster board
2. Print clearly, on back side: Name, address, age and grade
3. Include theme in design
4. Posters become property of W.H.P.A.

Mail by October 26, 2018 to:

Shelly Astle, WHPA  
S4131A St. Hwy 80  
Hillsboro, WI 54634  
(608) 489-2456 or  
[shelly@mwtnet](mailto:shelly@mwtnet)



### *Adult Volunteers Needed*

Fall is the time of year that we look for volunteers to assist with planning for our upcoming 2019 programming. We are looking for adults who would like to volunteer to help with the 2019 St. Croix County 4-H Clover College. This is a project exploration event for youth grades K—5. The committee will meet 2-3 times for planning. Please contact Heather 715-531-1938 or [heather.vierling@ces.uwex.edu](mailto:heather.vierling@ces.uwex.edu) for more information or to sign up to help on the committee.



St. Croix County 4-H Leaders Association meetings are the 3rd Tuesday of the month at 7:00 pm at the St. Croix County UW-Extension Office

# CARAMEL APPLES

## Ingredients:

6 apples, cored  
1 package (14oz) individually wrapped caramels, unwrapped  
2 tbsp. milk  
Butter  
Popsicle Sticks  
Ingredients to Decorate (nuts, chocolate chips, sprinkles, etc.)

## Directions:

Remove the core from each apple and insert a popsicle stick in the top. Butter a baking sheet.  
Place caramels and milk in a microwave safe bowl, and microwave for 2 minutes stirring once. Allow to cool briefly.  
Roll each apple quickly in caramel sauce until well coated. Add additional ingredients to the outside of the apple as you wish. Place on prepared baking sheet to set.



# "I Spy" Bottle

“I spy with my little eye...” Do you remember this game. Now you can make your own version of this fun filled activity.

## Supplies Needed:

Clean, dry, clear plastic bottle with cap.  
Uncooked rice (amount depends on the size of the bottle)  
Assortment of small toys / objects  
Pen / pencil and paper  
Super glue  
Funnel  
Clear packing tape

## Instructions:

- 1.) Place funnel in the mouth of the bottle. Add layers of rice and objects until you fill the bottle. Leave approximately 1 inch of space at the top of the bottle so everything can mix around easily.
- 2.) Write down all objects you place into the bottle. Type out the list of objects and using the clear plastic tape, tape the list to the side of the bottle.
- 3.) When you are satisfied with your bottle super glue on the cap.

## Questions You Can Ask Youth:

- 1.) What objects were easy to find? Why?
- 2.) What objects were difficult to find? Why?

## Taking it a Step Further:

Make a variety of bottles with larger and smaller objects.  
Theme your bottle.  
Color the rice with food dye to make it more challenging.








## CHILDREN ARE BORN CURIOUS

Adapted from: Kari Jo Fore (Director at Bethel Highlands Preschool)

We could talk endlessly about the content of children's education, as well as the teaching styles, curriculum, reading and math...but none of that would matter without a desire to learn.

Curiosity is the foundation for learning. Children are simply born curious, and luckily there is a lot we can do to foster and encourage the development of curiosity in all children. A curious baby is reaching, crawling, watching, babbling, constantly experimenting with the world to understand it; a curious toddler is pretending, attempting new things, pushing limits and using senses, and a curious young child is asking questions and developing friendships. Our responses to their natural curiosity can encourage a life long learner. Here are six ways to spark your child's curiosity.

- 1.) **Create a calm and predictable environment.** Provide an environment rich in textures, language, music, books and pictures. An environment that is calm and predictable, yet stimulating in the mentioned ways above provides a good balance for supporting your child's curiosity.
  - 2.) **Ask questions.** Open ended questions, such as "What do you think will happen if we do this?", "Why did it change?" and "How could we make this faster?", stimulate curiosity and imagination. When children ask you a questions, instead of immediately answering, first ask them what they think about it.
  - 3.) **Utilize resources.** Even the most knowledgeable people will need help along with way. Teaching your child when and where to seek answers is a skill that lasts a lifetime.
  - 4.) **Pay attention.** Your child will be drawn to explore topics that are of interest to them. Brain research shows that when we're engaged in activities that are interesting to us, we are more likely to remember the information long-term. Notice what your children's interests are and follow their lead.
  - 5.) **Teach safety.** Curiosity can cause some anxiety in caregivers when we watch a toddler experiment with gravity on a ledge, or a preschooler who is too comfortable exploring water on a river bank. When these tricky situations arise, quickly redirect the child and ask a question like "Why do you think that could be dangerous?" or "Let's try that with a toy care instead of our feet."
  - 6.) **Model your own sense of wonder and curiosity.** Pursue your own interests, and approach things in your life with wonder. Ask questions, make mistakes and learn.
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## Re-Enrolling for the 2018-2019 4-H Year

- ♦ To get started with the re-enrollment process, log into [www.4HOnline.com](http://www.4HOnline.com) with your family email and password between September 5—November 15.
- ♦ On the family home screen, click on the orange button labeled **Continue to Family**
- ♦ On your Member / Volunteer list, find the family member you wish to re-enroll and click on **Edit** next to their name.
- ♦ At the bottom of the next screen, click on the button for **Enroll for 2018-2019**.
- ♦ You will now see the Personal Information that you entered when you first enrolled. Look over the information and make any corrections. Please make sure you have the correct contact information (address, phone number, and email). When you are done, click on **Continue**.
- ♦ Next is the Additional Information screen where you will need to accept the agreements and answer the Photo Release and Accommodations questions. Click **Continue** when done.
- ♦ The Health Form for members is optional at enrollment, but you could be asked to complete it in the future if you attend any events that require one. Click **Continue** when done.
- ♦ On the Participation—Club screen, confirm the correct club is listed. This is the best time to change clubs if you wish to do so. Click on **Update** to save the change. Click on **Continue** when done.
- ♦ On the Participation—Project screen, confirm all the projects you are enrolled in are listed. Add any missing projects. See below for definitions and rules pertaining to the Cloverbud project. If you are dropping a project, click on **Edit** for that project and then click on **Delete**. After making sure all your projects are listed correctly, click on **Submit Enrollment**.

### Cloverbud Project

This educational program for young people going into Kindergarten, first, and second grade, focuses on building self-esteem and creativity. Discover 4-H through experiences in animal sciences, communication and visual arts, food and nutrition, personal growth and many more.

(Cloverbud project members are **NOT** eligible to show animals at the fair or participate in shooting sports.)



### HALLOWEEN SAFETY TIPS

- Children under the age of 12 should not be alone at night without adult supervision. If kids are mature enough to be out without an adult, they should stick to familiar areas that are well lit and trick-o-treat with groups
- Cross the street at corners, using traffic signals and crosswalks.
- Put electronic devices down and keep head up when walking, don't run across the street.
- Decorate bags and costumes with reflective tape or stickers, and if possible, choose light colors.
- Choose face paint or makeup instead of masks, which can obstruct a child's vision.
- Have kids carry glow sticks or flash lights.
- When selecting a costume, make sure it is the right size to prevent trips and falls.