



4-H FOOD EXPO



Want to learn how to decorate a cake, prepare nutritious foods or just improve your skills in the kitchen? Join us for the 4-H Food Expo. This event is open to all youth (4-H and non 4-H) interested in learning more about foods & nutrition. Youth will attend 4 different sessions. Topics include: pizza making, smoothie challenge, food & fitness, and menu planning.



GRADE: Open to all youth (4-H and non 4-H)

WHEN: Saturday, January 26, 2019

WHERE: St. Croix Central High School (Hammond)

TIME: 9:00am—3:00pm (Registration 8:30am)

COST: \$15.00 / youth

WHAT TO BRING: Please bring an apron and pack a bagged lunch.

REGISTRATION DEADLINE: January 16, 2019

NAME: _____ **GRADE:** _____

ADDRESS: _____

PARENT'S NAME: _____ **PHONE:** _____

EMAIL: _____ **COUNTY:** _____

Make checks payable to: St. Croix County 4-H Leaders Association

Mail to: St. Croix County UW-Extension
1960 8th Ave., Suite 140
Baldwin, WI 54002