



HCE NEWSLETTER

February/March 2019

St. Croix County Association for Home and
Community Education



From the President's Desk -

A new day, a new year, a new chapter for St. Croix HCE. I hope to be as good a president as Wanda has been. When I think back to all the talented women who have served as county president I know I have some big shoes to fill. Please be advised that I won't hesitate to ask for help if needed.

I do have a couple of goals for this year. The first is to increase awareness of what HCE is. Don't be afraid to talk to people about who we are and what we do. Maybe we can submit a newspaper article or post brochures in libraries, laundromats, at the gym, or grocery stores. As public awareness grows, so does our membership. The Deer Park club is working on signing up four new members. Way to go ladies.

My other goal is to offer more fun or educational experiences for us and our community. February has the Spud Spectacular. We furnish the baked potatoes and others can bring the toppings. Melissa Heath will be helping us with our fitness routine. Wanda will be talking about sex trafficking and how to stay safe and I will be talking about membership. Those who come are asked to bring two cans of food which will be donated to a local food shelf.

In March, we are having a special interest meeting to learn how to make items for the 2020 State Conference, ie. scrubbies and bags. June will be a tour, play or some other fun outing. That leaves a lot of months free for something else. Let me know if you have an idea or a topic you want more information about.

We have a signed contract for the Hudson House as our site for the 2020 Conference and are now looking for speaker and workshop ideas.

We are still looking for someone to be county vice president.

One final item, any club that would like me to visit at one of their meetings, just give me a call, 715-338-9214.

Linda Sutherland, St. Croix County President

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Ag Services and Education Center Hours of Operation:

Monday—Friday; 8:00 am—4:30 pm

715-531-1930

St. Croix County HCE Executive Board Meeting
Tuesday, January 8, 2019 2 PM Ag Center, Baldwin, WI

Opened meeting with creed and pledge by President Linda Sutherland.

Secretary Report - Minutes in newsletter, Phoebe S. made a motion to approve, Betty L. seconded, motion passed.

Treasurer s report by Phoebe Shourds discussed budget sheet passed out to board members. She has more Kwik Trip cards for purchase if you want. Sent in Pennies for Friendship for year. There are 99 members. Treasurer report placed on file. Motion made by Wanda B. to audit treasurer s report for the last two years. Jean K. seconded. Motion passed. Wanda B., Linda S. and Lois B. will do audit. Phoebe will consult.

Roll Call- Absent; Donna Wilcoxson, JoLane Anderson. Also need a new Vice President. Guests; Merlee Jensen, Char Croes.

Committee Reports:

Cultural Arts- Char Croes reporting. Tuesday, March 26 to make scrubbies for 2020 conference items to put in give away bags and to make bags. We would like someone to come from each club to help make these. Linda S. has some of the yarn. We are going to make about 300 of each. Help is needed!

International-Jean Kelly reporting; No new information for Fall Council meeting on speaker. Reported on Nicaraguan situation, still unsettled in that country, but they are still getting the supplies of sewing goods, cooking and hair products. Jean and Phoebe have quite a few supplies to take to Stevens Point to ship. Keep them coming in.

Marketing- report by Wanda B. for JoLane A. Sent a check for items purchased at District Fall meeting, to state marketing chair. Call Wanda if you want to buy any HCE items.

Membership- 99 members {87 club members, 12 individual}. Have three new members from last year. Possibly getting four more new members. Jean has a potential member she will invite to Deer Park HCE meeting in Feb.

Scholarship-Phoebe S. reporting-Any HCE member's child or grandchild going on to higher education is eligible, one for teaching and one general scholarship, each is for \$750. We have to put one more form in the newsletter. Forms due April 1.

Old Business - Spud Spectacular, Feb. 12, 11:30 am. Bring 2 canned goods and bring a non-HCE friend if you can to gain interest in membership. Melissa Heath will lead us in a workout. Also, board members will give a summary of their classes taken at State Convention if they want. Wanda B. may invite a police officer to talk on "stranger danger".

June - Tour or play perhaps. Ideas include Barron/Cameron Heritage Museum, wineries. Linda S. reporting.

Special Interest meeting in March for scrubbies: Linda S. granddaughter also has something to share with us that day.

Vice President: needed by 2020. If you know of an HCE member interested please contact Linda S.

Special Interest Ideas: Phoebe S. pointed out many clubs in other counties in the state have a program or lesson every month. Talked about maybe having the "flute lady" for Spring Council and Women Walk the World.

Conference theme 2019 - "HCE Lights up our Life". Extra category this year for Cultural arts entry; "Hatti s HCE Hat," as HCE members wear many hats in our lives. So decorate a hat appropriately and enter it in St. Croix County HCE Spring Council Cultural Arts show to have a chance for it to go to State convention.'

Additional Business -The next Meet and Greet will be March 27 at Pete's Pizza in New Richmond.

2020 State Conference has been confirmed to be held at Hudson House Hotel. If you have speaker ideas or presenter ideas for classes, contact Linda S. Merlee Jensen suggested maybe having the Memories for some entertainment for music and comedy.

Next Board Meeting: March 12, 2019 at 2 PM.

Children s Business Fair will be held in Turtle Lake. Ideas, products, inventions by children. Phoebe made a motion to donate \$50 to this event. Lois B. seconded. Motion passed.

Closed meeting with Homemaker s Prayer.

Submitted by Stephany Bourdon
St. Croix County HCE Secretary
January 8, 2019

Spud Spectacular
February 12, 2019
Ag & Education Center, Baldwin
11:30am

Make plans now to join us for a baked potato pot luck at the Ag center. The HCE Executive Board will supply a nice big baked potato or sweet potato and coffee. Please bring a serving of your favorite topping. Bacon bits, broccoli, cheese, meat, onions, etc... There isn't much that doesn't work on a spud!

We will start with some movement with Melissa Heath. She will provide the drumsticks but please bring two canned goods (as your weights). Don't let this intimidate you, most of the movement will be sitting in your chair. You are more than welcome to bring your canned goods home or leave it to donate to the food pantry.

If you plan to attend, please contact Linda Sutherland at 715-338-9214 so they have enough supplies and potatoes. See you there!

HCE SCHOLARSHIPS

Children and grandchildren of HCE members and adults returning to school may apply for the HCE Scholarship of \$750 and the Rural School Book Scholarship of \$750. Scholarship applications are due to the scholarship committee by April 1.

Applications are available from the Extension office in Baldwin, in this newsletter or on the website, <http://stcroix.uwex.edu/family-living/home-community-education-hce>. The applications start on page eight in this newsletter.



Completed applications and letters of recommendation are to be sent to Donna Wilcoxson, 1027 Hazel Street; River Falls, WI 54022. Scholarships will be awarded at the Spring Council meeting April 26.

SAVE THE DATE

Spring Council
April 26, 2019 10:00am
Hammond Town Hall

The Spring Council meeting will be held at the Hammond Town Hall, 1819 County Road E on April 26. Join us at 9:30 am for registration and coffee.

Please bring a salad for every two people attending. If it is warm, bring your salads on ice or in a cooler as there is limited refrigerator space. Also, bring a serving spoon for your salad.



Healthy Lifestyle

In 2018 34 counties participated in "HCE Healthy Lifestyle Survey". The West District had the greatest participation, 28% of the members. The Northeast District had the greatest number eating 5 or more servings of fruits and vegetables at 50% of those replying. The Northwest District had the highest rate of members eating most of their diets from local food at 28%. Congratulations to all who participated!

Please mail all 2019 survey results by June 15, 2019. Counties with the greatest percentages will be recognized at the WAHCE state conference in September. These results will also be used in a report given by the Wisconsin WAHCE President at the NVON Conference in July.

Questions may be emailed to Veronica Sustar at va914@yahoo.com, phone 608-847-1140.



Hattie's Corner

Do you know what the favorite toy is for kids at Christmas or birthdays? The box that the toy came in. Boxes become cars, storage for other toys, building blocks, and if they are big enough a hiding place from Mom. I saved lots of time and money this past year and just gave boxes.

Christmas was a time for memories too. When I was just a little Hattie I grew up on a farm. Every so often Dad would butcher a pig. Mom would take all the nice fat and render it down into lard. She saved the "cracklings", that's the leftovers after rendering, and would add them to many dishes including green beans. Do you suppose that was the precursor to green bean casserole?

Now it's time to tackle that pile of seed catalogs on the back porch. This year the first one came the early part of October. Next thing you know they will be coming before the Fourth of July. I only order from catalogs of two of the companies. The rest of them I tear apart and use around the plants or between the rows to keep the weeds down in my garden and raised beds. I also found a good summer time use for snow fence. I put it around the raised beds to keep the deer and rabbits out. They don't seem to bother the corn, tomatoes, and peppers so I don't fence those things in.

What are some gardening hints from your experience? If you have a good idea for keeping those pesky black beetles with yellow spots away, please let me know.

Hope the new year goes great and keep on sending me your ideas and hints.

See you later, love and laughter from Hattie.

Memorial Leadership Scholarship

The Memorial Leadership Scholarship was established through a memorial from the Betty Hilbert estate and the monies from the WAHCE Legacy Fund. This scholarship (\$200) is to be used to encourage members of WAHCE to seek leadership training so they may become capable, willing and enthusiastic leaders in the organization.

This scholarship is available to WAHCE members only for registration to a leadership program. (Members of the WAHCE State Board are not eligible.) ***The application is due June 30th to the Scholarship Chair*** and may be used for leadership opportunities during the previous months from the last Scholarship, as well as to upcoming leadership opportunities.

To apply for this scholarship, see the copy in this newsletter, request a copy at the UW-Extension Office or visit the website at: <http://www.wahceinc.org/memorialleadership.pdf>.

Linda Sutherland
1594 5th Avenue
Star Prairie WI 54026

Club News:

Glover—The November club meeting the monthly program was on Iceland presented by Carol Senn. The Treasurer report was corrected for over payment of dues. The usual donation for Pennies for Friendship of \$25 was deducted from the overpayment. The balance of the overpayment has been received in the form of a check for \$65. The club approved the \$25 donation for Pennies for Friendship after the fact. Poinsettia will be ordered for Wellhaven as a gesture of thanks for the meeting space. A budget of \$40 was approved. The December meeting will be on the 20th at Betty's home. Members voted to cancel the January 2019 meeting in advance. During the December meeting the Treasurer reported when she tallied actual contributions members gave \$41.15. A discussion resulted in a move to donate an additional \$20 to Pennies for Friendship for a total of \$45.00. The dues of \$10 will be collected at this meeting after auction. After the meeting was adjourned, they held their Christmas party.

Lincoln—The November monthly lesson was on pumpkins presented by Jody Wolski. Some members had to finish the project at home due to equipment malfunction. Roll call was taken by discussing museums in Wisconsin. We discussed a club road trip in the spring or summer to the House on the Rock. Joan and Louise attended Fall Council and they shared some information provided by the speaker, Jennifer O'Neill about estate planning. Jody showed some basket items for our next year's fair donation. We should be thinking of fillers for the basket. The club Christmas party will be Friday, December 13 at 6pm at Louise's home. Members will bring items or money for the Family Resource Center in lieu of exchanging gifts. Gary Peterson will be invited to the Christmas party as will members spouses. January meeting will be on the 15th at Mary's home.

Pleasant Grove—The club met on November 8 at Shirley's home. The monthly lesson was that everyone shared a topic that was presented by each member. The club gained one new member, Martha from Menomonie.

Meet and Greet Opportunities

A variety full menu is offered at all restaurants

There will be NO February Meet and Greet

Wednesday, March 27

Pete's Pizza; 1230 North Knowles Ave., New Richmond

Meet and Greet gatherings are at 11:30am
Join us for a good meal and great company!!

Committee: Joan Brown 715-749-3302 and Wanda Breitbach 715-248-3806

* Please call Joan a day before to RSVP for head count for the restaurant *

** If area schools are cancelled due to snow or cold,
Meet and Greet will also be cancelled—stay warm and safe!**

Calendar of Events

Feb	12	<i>Spud Spectacular/Melissa fitness, Nutrition/ what we learned at conference</i>	Ag Center 11:30
Mar	12	Executive Board Meeting	Ag Center 2:00 – 3:30pm
Mar	26	Special Interest – Crochet Scrubbies for Conference	Ag Center 11:00 – 3:00pm



**St. Croix County Home and Community Education
\$750 Scholarship
(Funded by Rural School Book and Creamery Book Proceeds)**

The St. Croix County Association for HCE (Home and Community Education) will award 1 (one) \$750.00 scholarship to a high school senior who is a child or grandchild of an HCE member of St. Croix County or an adult HCE member returning to school. This scholarship will be based on HCE affiliation and activity, and applicant's need, scholarship, and leadership.

This scholarship is to be used to study in any college or university. All students who possess qualities for satisfactory work in advanced education are eligible. This must be verified by the high school principal or guidance counselor if applicant is currently enrolled in school. (See attached form). If out of school, we will need a transcript of grades. Scholarship applications are due on or before April 1, 2019. Send application and have references send separately to: Donna Wilcoxson, 1027 Hazel Street, River Falls, WI 54022. The Scholarship Committee reserves the right to request an interview.

The County HCE Board will designate a committee to select one applicant. An alternate will also be selected.

The Scholarship Committee of the County HCE Board will select and announce who is to receive the award on or before Spring Council meeting in late April.

The scholarship will be paid by the treasurer of the County HCE Board when he/she is notified that the recipient has successfully completed the first semester. The scholarship will then be in effect for the second semester of the school year.

Applications are available from the Extension Office, Ag Center, 1960 8th Ave, Suite 140, Baldwin, WI 54002.



**St. Croix County Home and Community Education
\$750 Scholarship APPLICATION**

(For students going into the Education Field)

(Sponsored by Rural School Book and Creamery Book)

Please complete and return to: Donna Wilcoxson, 1027 Hazel St., River Falls, WI 54022

Who can apply: Children or Grandchildren of an HCE Member

Also open to adults HCE Member, children or grandchildren of, returning to school

Due before: **April 1, 2019**

Your Name:	
Address:	
Date and Place of Birth	
High School Attended	
Date of Graduation	
Spouse (If applicable)	
Your Occupation:	
Spouse Occupation:	
School you plan to attend:	
Career you plan to pursue:	
Activities showing responsibility – state in detail	
A) Family	
B) School	
C) Community Organizations	
D) Church	
E) Other	
Relationship to a Home and Community Education Member?	
Name of HCE Member:	
Please comment on parent's or grandparent's involvement or applicant's involvement in HCE.	
What are your plans for financing your education? Why do you feel you need scholarship help?	
Indicate any unusual circumstances that should be considered when processing your application.	
What is your affiliation with Home and Community Education?	

INSTRUCTIONS

- ON A SEPARATE PAPER WRITE A 200 WORD ESSAY ENTITLED:

“WHY I HAVE CHOSEN A TEACHING CAREER”

RECOMMENDATIONS: PLEASE IDENTIFY 3 LOCAL PEOPLE WHO WILL BE SENDING IN RECOMMENDATIONS. INSTRUCT THEM TO SEND RECOMMENDATION LETTERS TO:

Attn: HCE Scholarship
Donna Wilcoxson
1027 Hazel Street
River Falls, WI 54022

THEY MUST BE RECEIVED BY **APRIL 1, 2019** AND MUST BE SENT, *UNDER SEPARATE COVER*; I.E., (NOT SEEN BY APPLICANT).

Name	Address	Phone
1)		
2)		
3)		

Date	Signature

DUE: APRIL 1, 2019

IMPORTANT NOTE:

The completed application **MUST** include the following or the application will not be considered.

- Student Application
- Student Essay
- 3 Recommendations (Applicants may check on persons writing recommendations and remind them of deadline)



***St. Croix County Home and Community Educations
Scholarship***

\$750 General Education Scholarship – APPLICATION

(Sponsored by Rural School Book and Creamery Book)

The St. Croix County Association of Home and Community Educations (HCE) will award one \$750 scholarship. One scholarship will be awarded to a high school student who plans to attend a technical school, college or university or to a student presently attending a technical school, college or university, or an HCE member returning to school. The applicant's mother or grandmother MUST be a member of St. Croix County HCE. The student does not need to reside in the county.

Scholarship requirements:

- A completed application
- Two letters of recommendation. One from a teacher, and one from outside of the school (pastor, 4-H leader, employer, etc.)
- A 100-200 word essay answering the following questions:

What is your chosen field of study and why did you choose it?

How do you feel others can benefit with your employment in this field?

What has been your mother or grandmother's involvement in HCE at the club, county and state levels?

The scholarship committee of St. Croix County HCE will select the scholarship winner based on leadership, achievement, the essay and recommendations.

Scholarships will be paid when the student successfully completes their first semester with at least a 2.0 GPA. The recipient will need to notify the HCE Treasurer when they have fulfilled this requirement by sending a grade transcript.

Applications are available from the Extension Office, Ag Center, 1960 8th Ave, Suite 140, Baldwin, WI 54002.

Scholarship applications are due on or before April 1. Applications and references are to be sent separately. Selection and notification of the recipients will be completed on or before April 15.



St. Croix County Home and Community Education
\$750 General Education Scholarship – APPLICATION
(Sponsored by Rural School Book and Creamery Book)

Please Complete & Return To: Donna Wilcoxson, 1027 Hazel St., River Falls, WI 54022

Who can apply: Children or Grandchildren of an HCE Member

Also open to adults: HCE Member, children or grandchildren of, returning to school.

Due before: **April 1, 2019**

Your Name:	
Address:	
Date and Place of Birth	
High School, Technical School, College or University Attending	
Date of Graduation(MM/YY)	
Mother's Name	
Father's Name	
School you plan to attend:	
Career you are pursuing:	
Activities showing leadership – state in detail. Use another sheet if necessary	
A) School	
B) Organizations	
C) Church/Temple/Synagogue	
D) Other	

INSTRUCTIONS

- ON A SEPARATE PAPER WRITE A 200 WORD ESSAY ANSWERING THE FOLLOWING QUESTIONS:

1. What is your chosen field of study and why did you choose it?
2. How do you feel others can benefit with your employment in this field?
3. What has been your mother or grandmother's involvement in HCE at the club, county and state levels?

RECOMMENDATIONS: PLEASE INDENTIFY 2 LOCAL PEOPLE WHO WILL BE SENDING IN RECOMMENDATIONS. INSTRUCT THEM TO SEND RECOMMENDATION LETTERS TO:

Attn: HCE Scholarship
Donna Wilcoxson
1027 Hazel Street
River Falls, WI 54022

THEY MUST BE RECEIVED BY **APRIL 1, 2019** AND MUST BE SENT, *UNDER SEPARATE COVER*; I.E., (NOT SEEN BY APPLICANT).

Name	Address	Phone
1)		
2)		

Date	Signature

DUE: APRIL 1, 2019

IMPORTANT NOTE:

The completed application MUST include the following or the application will not be considered.

- Student Application
- Student Essay
- 2 Recommendations (Applicants may check on persons writing recommendations and remind them of deadline)

**Wisconsin Association for Home & Community Education, Inc.
Cultural Arts Show & Contest – 2019 Categories**



1. Painting/Drawing

Framed or Wrapped. If bringing an easel for your painting or drawing, securely tape a label with name, district and county.

- A. Oil
- B. Acrylic
- C. Water Color
- D. Alcohol Ink
- E. Other

2. Photography

Photograph must be 8" x 10", unmatted only, in 8½" x 11" plastic sleeve with a tag board or cardboard behind the photo. Framed photographs be disqualified.

- A. Color–Landscape
- B. Color– Waterscape
- C. Color – Plants
- D. Color – Animals/ Creatures
- E. Color – People
- F. Color – Skyscape
- G. Black and White
- H. Other

3. Sewing

- A. Children's Wear
- B. Adult Wear
- C. Original Design
- D. Wearable Art
- E. Useful Sewn Item
- F. Purse or Tote
- G. Pillow
- H. Sewn item made from recycled materials
- I. Wearable Accessory (apron, scarf, hat, etc.)
- J. Other

4. Knitting

- A. Wearable Item
- B. Afghan
- C. Other

5. Crocheting

- A. Wearable Item
- B. Doily/Dresser Scarf
- C. Afghan
- D. Other

6. Hand Stitching

- A. Plastic Canvas
- B. Embroidery
- C. Counted Cross Stitch
- D. Other

7. Craft

Six (6) Cards without envelopes MUST be mounted as a group on a flat sturdy display board no larger than 14" x 22".

- A. Cards–paper only-6
- B. Cards–mixed media-6
- C. Scrapbooking
- D. Craft made from recycled materials
- E. Handcrafted doll/toy
- F. Glass craft
- G. Other

8. Heritage Skill

- A. Hardanger
- B. Tatting
- C. Woodworking
- D. Basketry
- E. Spinning/Weaving
- F. Felting
- G. Swedish Weaving
- H. Rug Making
- I. Original published book
- J. Other

9. Bed Quilt

Larger than 60" x 80" or 4,800 sq inches

- A. Tied
- B. Hand quilted
- C. Pieced
- D. Appliqued
- E. Embroidered

Machine Quilted

Professionally:

- F. Pieced
- G. Appliqued
- H. Embroidered
- I. Any other Bed Quilt

10. Lap/Baby Quilt

Smaller than 60" x 80" or 4,800 sq inches

- A. Tied
- B. Hand-quilted
- C. Pieced
- D. Appliqued
- E. Embroidered
- F. Machine Quilted Professionally
- F. Pieced
- G. Appliqued
- H. Embroidered
- I. Any other lap quilt

11. Quilted Wall Hanging

(with hanging sleeve, NO frame) -- One (1) item only no longer than 50 inches

- A. Hand Quilted, fabric
- B. Machine Quilted, fabric
- C. Other i.e., - collage of assembled materials or mixed media

12. Table

Topper/Runner

- A. Hand Quilted
- B. Machine Quilted
- C. Other

13. Jewelry

- A. Bracelet
- B. Necklace
- C. Set
- D. Other

14. Constructed Original Item

- A. Clay/Pottery
- B. Wood
- C. Other

15. Painted Object

- A. China
- B. Glass
- C. Fabric
- D. Wood
- E. Ceramic/Kiln Fired
- F. Other

Poem, Non-Fiction, Fiction

Three copies, typed on plain paper with 12 point font, must accompany the registration forms. Entries must not be framed or in book form. Staple a cover sheet with the category/title which is to be centered on the entry. Name and county should appear on the back side. Do not count "a", "an", and "the" for either essays or short stories.

16. Poem

17. Non-Fiction

Original, 1 topic; 250-500 words

18. Fiction

Original with beginning, middle and end 3,000 words or less

19. Bonus Category – "Hattie's HCE Hat"

The Fun Category

Limit of one entry per county. Create a display of your choice.

You may use any media to construct your entry

Size restriction - base no larger than 10"x10" with maximum height of 20"

Judging - those attending will vote for their favorite "Hattie's HCE Hat" entry

Have Fun!!!

**STATE
REGISTRATIONS
DUE BY:
AUGUST 1, 2019**

Wisconsin Association for Home & Community Education, Inc.
Cultural & Textile Arts Show
2019 Guidelines for County Chairs



ALL items, including Bonus Category, must be pre-registered. Registration is due August 1, 2019. Any items NOT pre-registered will NOT be judged or displayed. Only one entry on each registration form. Send all forms together immediately after county show. A County may enter a total of 12 entries plus one Bonus Category 19. A county cannot have duplicate entries in any lettered sub-category. The County Cultural Arts Chair must include a self-addressed postcard or email address to verify receipt of registration forms. If you do not receive verification within three weeks, please call or email the WAHCE Cultural Arts Chair.

IMPORTANT: All entrants MUST sign the Registration form. Please read and sign below; entries will NOT be accepted if unsigned. Entrants will not hold WAHCE responsible for any loss or damage to any item submitted for use in the WAHCE Cultural Arts Show. Entrants give permission for their photo, photos of their entry, and/or print copies of their written entry to be used by WAHCE as seen fit.

All work must be done by entrant and completed after last year's show. It must receive a first place at this year's county show or fair. All items must be clean or laundered or will be disqualified by the judge. Kits and patterns may be used as long as entrant does all the work.

Color Coding of Registration Forms by Districts:

Central – White
Southeast – Green

Northeast – Yellow
Southwest – Orange

Northwest – Light Blue
West – Pink

Entry Day: Deliver items Sunday (9/16/19) from 7-9pm or Monday (9/17/19) 9-11:30 am. Judging will begin at 12:30PM. Members may view the show after the Monday evening activity until 10:30pm and during the day Tuesday, September 18, 2019. Hours on Tuesday for viewing will be announced or posted. Pickup times will be posted.

Send registration and written entries to: **Linda Sutherland**
1594 5th Avenue
Star Prairie, WI 54026
Contact Linda with any cultural arts questions.

715 248-7279 or 715-338-9214
tagalongacres@yahoo.com

Cut on the dotted line and send in the **SIGNED** completed Registration Form and Claim Check **with both parts filled out**. You will receive your Claim Check when you bring in the items.

Registration Form

Category/Class (example 2D) _____
County _____ District _____
Name (print) _____
Address _____
City/Zip _____
E-mail _____
Phone # _____
Title or Description _____
Are you bringing an easel? Y or N

Claim Check

Category/Class (example 2D) _____
County _____ District _____
Name (print) _____
Address _____
City/Zip _____
E-mail _____
Phone # _____
Title or Description _____
Are you bringing an easel? Y or N

Peoples' Choice # (Official use only) _____

Please read and sign: Entries will NOT be accepted if unsigned. Entrant will not hold WAHCE responsible for any loss or damage to any item submitted for use in the WAHCE Cultural Arts Show. Entrant gives permission for their photo, photos of their entry, and/or print copies of their written entry to be used by WAHCE as seen fit.

Signature: _____ County _____ Date: _____

Directions for Impact of HCE Member Contribution Report

HCE Members, including officers at all levels: Please use the Member Contribution Report table to keep track of your HCE contributions to your community. Just record your hours at HCE events, fundraising for HCE, community outreach/volunteering, and the value of donations to HCE each month of the year, June through May.

Then total each month and the entire year within the four categories.

Send the completed form to a designated person within your County, before June 10, 2019. That person will add up the total hours and dollars for the year and submit it for the entire County:

#

County Presidents or designee:

Inform all your members know about this form which covers June through May. Tell them who to send it to before June 10, 2019. When the forms are returned in early June, compile the totals for your County.

Email the County totals to Veronica Sustar, WAHCE Vice President for Family and Community Life at va914@yahoo.com, or mail this total to her at N2894 Overgaard Rd, Mauston WI 53948 before June 25, 2019. You should include this information:

County: _____

Number of members responding _____

Events: _____ hours

Fundraising _____ hours

Community Outreach _____ hours

Donation Value \$ _____

Also let your members know these totals through your HCE newsletter or annual book. Use the information in meeting with local officials and news organizations to let them know how much HCE members contribute to your County.

Club member's Name:

Club:

[illegible][illegible][illegible][illegible]



Wisconsin Association for Home
and Community Education, Inc.

HCE Healthy Lifestyle Survey

(formerly On the Move and in the Groove)

Get moving and eat healthy with HCE members across Wisconsin. Please reply to this 4 question survey about maintaining your healthy lifestyle between February 17 and May 11, 2019.

Name; (optional) _____

County _____, Wisconsin

1. Which activities do you usually participate in weekly? Check all that apply.

- | | | | | |
|---|-----------------------------------|----------------------------------|-----------------------------------|----------------------------------|
| <input type="checkbox"/> walking | <input type="checkbox"/> hiking | <input type="checkbox"/> running | <input type="checkbox"/> dancing | <input type="checkbox"/> bowling |
| <input type="checkbox"/> biking | <input type="checkbox"/> spinning | <input type="checkbox"/> rowing | <input type="checkbox"/> swimming | <input type="checkbox"/> skiing |
| <input type="checkbox"/> Strong Bones or other exercise class | <input type="checkbox"/> yoga | <input type="checkbox"/> Tai Chi | | |
| <input type="checkbox"/> exercise DVD | <input type="checkbox"/> tennis | | | |
| <input type="checkbox"/> other (please list) | _____ | | | |

2. How many times a week are you usually active for ½ hour or more?

- ☐ 5 or more ☐ 3 or 4 ☐ 1 or 2 ☐ zero
- ☐ 3 or 4
- ☐ 1 or 2
- ☐ zero

3. How many ½ cup servings of fruits & vegetables do you usually eat daily?

- ☐ 8 or more ☐ 5-7 ☐ 1-4 ☐ zero

4. How much of your diet is raised, grown or made within 100 miles of you?

- ☐ Most ☐ About half ☐ Some ☐ Very little ☐ Unsure

Questions? Email Veronica at va914@yahoo or phone 608-847-1140. Tallied

County surveys or individual surveys need to be mailed by June 14, 2019.

Send results to: VP Family and Community Life

Veronica Sustar

N2894 Overgaard Road

Mauston, WI 53948



Memorial Leadership Scholarship - 2019

Wisconsin Association for Home and Community Education, Inc.

A \$200.00 Scholarship to attend a Leadership Opportunity

A memorial from the Betty Hilbert estate and monies from the WAHCE Legacy Fund are being used to fund this scholarship.

Purpose: To encourage members of WAHCE to seek leadership training, so they may become capable, willing and enthusiastic leaders in the organization and their communities.

Eligibility: This scholarship is available to WAHCE members only, for registration to leadership training. Members of the WAHCE State Board are not eligible.

Requirements: Complete the personal data and questions on this application form and attach a copy of the leadership registration form. This application should be no longer than two pages. After attending, recipients are to report to WAHCE on their experience.

Payment for Scholarship: Payment of scholarship will be made after proof of attendance at workshop or WAHCE State Conference registration has been submitted to the Scholarship Chair.

Deadline: Application must be postmarked by June 30, 2019, and mailed to the Scholarship Chair:

Linda Sutherland, 1594 5th Avenue, Star Prairie, WI 54026.

Name _____ E-Mail Address _____

Address _____ Telephone _____

City, State, Zip Code _____

Number of Years as a WAHCE Member _____ Your County _____

Your District _____ Club/Individual _____

Answer the following questions. If you need more space, add only one more sheet to continue your answers, and number for each answer on that sheet.

1. What offices, if any, have you held in WAHCE?

A. County _____

B. District _____

2. How might you use some of what you would learn to benefit WAHCE?

3. How do you plan to use your leader training in your community?

Signed: _____

Date: _____