#### **WIC PROGRAM**

## WIC provides:

- Wholesome foods for pregnant women, new moms, infants and children under 5
- Breastfeeding support
- Nutrition and feeding tips for families
- Referrals to other community services

Polk County WIC 715-485-8520 Web: www.polkcountyhealthdept.org (application form available on line)

#### FARMERS MARKET NUTRITION PROGRAMS

Free vouchers for produce at certified vendors June-October.

Senior Farmers Market Nutrition Program for qualified individuals ADRC of Northwest Wisconsin Polk County Office 877-485-2372

> WIC Farmers Market Program for WIC participants Polk County WIC 715-485-8520

### FOOD SHARE PROGRAM (FOOD STAMPS)

Great Rivers Call Center 888-283-0012

Web: www.access.wisconsin.gov

### SENIOR DINING SITES/ Home delivered meals

Hot nutritious meals are offered to senior citizens at 2 locations in Polk County.

Meal delivery is provided for people 60+ years of age who are unable to go to dining sites, cook for themselves or who have no one to prepare meals for them.

ADRC of Northwest Wisconsin 877-485-2372

#### COMMODITY SUPPLEMENT FOOD PROGRAM

For low income qualifying seniors age 60+. Call to learn more about the program and be put on a waiting list.

West Central Wisconsin Community Action Agency 715-265-4271

# SALVATION ARMY

Backpack Program - Eligible students receive a backpack full of foods on Fridays

Head Start, Amery, Clayton, Clear Lake, Frederic, Luck, Turtle Lake, and Unity School Districts.

Emergency food needs also available

## FREE OR REDUCED Price School Meals

Free or reduced price school breakfast and lunch are available to low income families. All children in households receiving benefits from FoodShare can get free meals. WIC families are eligible for reduced or free meals.

Contact: Your school's office

## COMMUNITY GARDENS

St. Croix Falls: For more information email scfcommunitygarden@gmail.com Website: https://sites.google.com/view/scfcommunit ygarden/ Facebook @scfgarden Turtle Lake: For more information contact Donna Cordes 715-986-4697 Monica Graf 715-641-1798

DO I QUALIFY FOR Food, Nutrition and Other Programs?

Check out the following website: www.access.wisconsin.gov

Did we miss something? If we missed a resource within Polk County, please call 715-485-8520

> Need more copies? www.polkcountyhealthdept.org click on WIC





### FOOD PANTRIES

Amery Area Food Pantry Amery School District 230 Deronda Street, Amery 715-268-5999 Call before 12:00 pm on Wed. for appointment (leave name & phone number on voice mail)

Mon	Tue	Wed	Thur	Fri	Sat
			2р - 6р		

Lifeline Food Pantry 560 5th Street, Clear Lake 715-263-3846 Emergency Contact (Gordon): 715-948-2776

Mon	Tue	Wed	Thur	Fri	Sat
		1р - 5р	12p - 4p		

## People Loving People Open to all

103 E. Main St, Dresser

715-755-2300

Mon	Tue	Wed	Thur	Fri	Sat
11a - 1p		2р - 5р			11a - 1p

## **Family Pathways Food Shelf**

Frederic School District 1100 Wisconsin Ave S, **Frederic** 715-327-4425

For best service,	call for	appointment
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Mon	Tue	Wed	Thur	Fri	Sat
	9a - 6p	12р - 6р	9a - 6p		9a - 12p

#### FOOD PANTRIES (continued)

Loaves & Fishes Luck & Unity School Districts 300 N 1st Street, Luck

Mon	Tue	Wed	Thur	Fri	Sat
	11a - 1p		11a - 1p		

The Open Cupboard Osceola & Dresser School Districts 406 2nd Avenue, Osceola 715-294-4357 appointments available if unable to make walk-in times

Mon	Tue	Wed	Thur	Fri	Sat
9a - 12p		9a - 12p	11a - 4p		

## St. Croix Falls Food Shelf

St. Croix Falls & Dresser Elementary School Districts, Centuria, Cushing, & portions of Balsam Lake areas 809 Pine St., **St. Croix Falls** 715-483-9494

Mon	Tue	Wed	Thur	Fri	Sat
9a - 11a		3р - 6р		9a - 10a	

### **Family Pathways Food Shelf**

Dresser, St. Croix Falls, Centuria, Balsam Lake, Cushing, Milltown 2000 US Hwy 8, **St. Croix Falls** Call in advance: 715-483-2920

Mon	Tue	Wed	Thur	Fri	Sat
9a - 5p	9a - 12p	9a - 6p	9a - 5p	9a - 5p	

## FOOD DISTRIBUTIONS

# **Polk County Ruby's Pantry Sites:**

www.homeandawayministries.org 651-674-0009

\$20 donation/family for a box of surplus food and goods

### **Home and Away Ministries**

210 E Park Ave., **Luck** 715-472-7770

3rd Tuesday of the month Doors Open - 11:30 am Distribution - 12:00 pm-1:00 pm

# **Congregational Church**

201 N Harriman Avenue, **Amery** <u>www.ameryucc.org</u> <u>office.ameryucc@gmail.com</u>

2nd Saturday of the month Registration 7:00 am-9:30 am Distribution - 9:00 am-10:30 am

Visit <u>www.rubyspantry.org</u> for locations outside Polk County or to pre-register for a specific time slot and pay in advance.

Rev 4/19

### FREE Community meals

# **Georgetown Lutheran Church**

877 190th Ave, **Balsam Lake** 3rd Thursday of the month 12:00—1:30pm 715-857-5580

### West Denmark Lutheran Church

2478 170th Street, Luck Potluck Meal for visitors, guests, and those unable to bring food *Last Sunday of every month* 5:00 pm 715-472-2383

Bone Lake Lutheran 1101 255th Avenue, Luck 3rd Wednesday of the month (Sept-May) 5:30pm—6:30pm 715-472-2535

## United Methodist Church 306 River Street, Osceola Last Wednesday of the month (Jan-Oct) (Not in Nov or Dec) 5:30pm—6:30pm 715-755-2275

# **Alliance Church of the Valley**

1259 State Road 35, **St. Croix Falls** 4th Tuesday of the month 5:00pm—6:30pm 715-483-1100