St. Croix County 4-H



January 2022

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COMMUNICATOR

It's That Time of Year Again!

It's that time of year again where winter weather can be very unpredictable. Due to any unforeseen weather conditions some UW-Extension programs may cancel without notice. In these instances, you will be sent an email notifying you of the cancelation. The cancelation will also be posted on the home page of our website and on the Chris Clover Facebook page. If you don't receive an email or are unsure if the meeting has been canceled, please contact the UW-Extension Office for more information. Evening program / meeting cancelations will be done by 3:00pm.

Winter Activities Need Insurance

Just a reminder that most winter activities (skiing, sledding, tubing, etc.) are not covered by our normal \$1.00 per year per member insurance taken out on all enrolled members in the 4-H program. These activities require additional insurance that can be purchased for a very small fee per participant. This special activity insurance will also cover non-4-H members if your club has invited other youth to an event and will cover adults and volunteers participating in the event. To get this extra insurance for your event contact Heather at least 1 week prior to your event.

Notice to All Groups Using the Meeting Rooms After Regular Business Hours:

Please make sure you lock the front door of the Ag Service Building and shut off all of the lights following your meeting. If you have questions about how to do this please contact Laura.



4-H Pledge

"I pledge my HEAD to clearer thinking, my HEART to greater loyalty, my HANDS to larger service, and my HEALTH to better living, for my club, my community, my country, and my world."

Join us on Facebook

St. Croix County 4-H
and

Extension St Croix County

Dear 4-H Families,

As we create this newsletter, we are diving into the new year of 2022. I hope you have found value through your 4-H participation, and I look forward to seeing you at activities during the upcoming year.

Sometimes people ask, "Does participation in 4-H make a difference?" Research studies provide specific evidence about the value of the 4-H experience for young people. In an article written by Cathann Kress, Vice President for Agricultural Administration and Dean of the College of Food, Agriculture, and Environmental Sciences at Ohio State University, she stated, "Young people who participate in 4-H Clubs do better in school, are more motivated to help others, and are developing skills in leadership, public speaking, self-esteem, communication and planning, and are making lasting friendships."

A ten-year longitudinal study done by Tuffs University comparing 4-H youth to non-4-H youth concluded the following about 4-H youth:

- 4X more likely to give back to their communities
- 2X more likely to make healthier choices
- 2X more likely to participate in STEM activities
- 3X more likely to be physically active
- 2X more likely to get better grades in school
- 2X more likely to report high school engagement
- 2X more likely to have higher levels of positive youth development skills
- 5X more likely to graduate college
- 2X more likely to pursue a career in science, engineering, or computer technology

As we begin the new 4-H year, I would like to encourage all youth, leaders, and parents to take an active part with their 4-H club this year. I would challenge you to try new things: projects, countywide activities, 4-H camp, etc. 4-H is truly making a difference in the lives of the youth in our program, but it is up to all of us to continue to engage and encourage youth. I look forward to a great 2022!

Happy 4-H'ing!

Heather Veirling

Heather Vierling

St. Croix County 4-H Youth Development Agent



CALEND/AR

January

- 3 YQCA Training
- 3 Monthly Horse Project Meeting
- 6 NW 4-H Golf Classic Committee Meeting
- 8 Horse Project Kick-Off
- 10 VIP Training (RSVP Deadline Dec. 28)
- 10 WI Tour Committee Planning Meeting via Zoom
- 10 Dog Project Committee Meeting
- 11 Livestock Committee Meeting
- 13 Cloverbuds @ Home
- 13 VIP Training (RSVP Deadline Jan. 3)
- 15 Ambassador Meeting
- 18 Leaders Association Meeting
- 29 4-H Food Expo



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February

- 7 Monthly Horse Project Meeting
- 8 Livestock Committee Meeting
- 10 Cloverbuds @ Home
- 19 Ambassador Meeting
- VIP Training (RSVP Deadline Feb 11)
- 22 YQCA Training
- 26 Clover College



March

- 1 Family Challenge Deadline
- 5 YQCA Training
- 7 Monthly Horse Project Meeting
- 8 Livestock Committee Meeting
- 10 Cloverbuds @ Home
- 15 4-H Enrollment Deadline
- 15 Leaders Association Meeting
- 19 Ambassador Meeting
- 26 Clover University
- 31 Last Day to Change Projects



THE 4-H FAMILY CHALLENGE

Its time to get the whole family involved! We are excited to offer four 4-H Family Challenge Activities during the next few months. Each time your family completes one of the challenges your name will go into the hat for a drawing at the end of March. We will draw two families to receive a family night fun gift pack (worth over \$50 each). Good luck. Once registered you will receive more information about each challenge.

To register for the 4-H Family Challenge go to: https://forms.gle/KNKHecXwxd8W4ZyW6

SERVICE PROJECT

Here is an opportunity for your family to give back to your local community. Find a service project that means something important to your family. Examples could include: food drives, clothing drives, writing cards to nursing home residents, ringing bells, shoveling a neighbors



driveway, etc. Service activities can be found everywhere. Jump in and do some good deeds for the year.

FAIRY GARDEN

Legend says that fairies possess the power to bring health, happiness and spiritual blessings to those who build them a garden to live in. Enjoy creating a magical world with your family where fairies can live and thrive.



OUTDOOR WINTER FEAST

With temperatures in the single digits and the sun out for only a few hours a day how do our animal friends survive the cold Wisconsin winters? Here is an opportunity for your family to help out our smallest friends by giving them a winter feast. This is a great project for families

to get creative and see what kind of feast they can create.



FAMILY PHOTO SHOOT

Here is an opportunity to take some great, memorable family photos. Families will be challenged by taking a number of different,



themed photos. This challenge will encourage families to put their personalities into some awesome photos.

CLUB INFORMATION

2022 4-H Clover College (REGISTRATION ON PAGE 7)

Date: Saturday, February 26, 2022

Location: Glenwood City High School, Glenwood City, WI

Time: 9:00am—2:30pm Cost: \$15.00 / youth

Registration Deadline: February 11, 2022

This fun filled day is open to all youth (4-H and non) grades K—5. The day will be filled with a variety of workshops for youth to explore different 4-H projects. Youth will take home several completed fair projects. Please see

registration form for more information on the workshops being offered. Youth are required to bring a brown bag lunch. All registrations are due to the St. Croix County UW-Extension Office by February

11. Workshops are on a first come first served basis.



2022 WI 4-H Trips

Below is a list of 4-H Educational Travel Opportunities that will be offered to Wisconsin 4-H youth for 2022. Watch your email for more information / registration information as each trip becomes available. Please contact Heather if you have question on any of these experiences.

2022 - American Spirit East (Grades 8-10)
National 4-H Conference (Grades 10-12)
Wisconsin 4-H Youth Conference (Grades 7-10)
Citizenship Washington Focus (Grades 10-12)
National 4-H Congress (Grades 9 - 12)
2023 - Advanced Space Academy (Grades 10-12)



WI Tour Committee Meeting

Heather is looking for individuals (youth and adults) who are interested in helping to plan a WI Tour experience for 2022. Join her via Zoom for the first planning meeting on **Monday**, **January 10** @ **7:00pm**. Zoom log in information is below.

Join Zoom Meeting https://uwmadison.zoom.us/j/99417854676?
pwd=QTBMRW9qV0VnbFlJbFhxcnF4NW9DQT09

Meeting ID: 994 1785 4676

Passcode: 740375

One tap mobile +13126266799,,99417854676# US (Chicago)





Clover College

Saturday, February 26, 2022 Glenwood City High School (850 Maple St., Glenwood City)

Session Descriptions

Woodworking Jerry & Melanie Donoth

Use your carpentry skills to build a beautiful woodworking project to take to the county fair.

Class Limit: 12

Fun with Chemistry

Rob Brown

See how to make tooth paste for an elephant and gummy bears dance amongst other fun experiments through chemistry. Class Limit: 12

Get Electrified! Ben Meyer

Want to learn more about electricity? Here is your chance to learn about electrical currents, batteries, circuits and more! Class Limit: 10

Scratch Off Art Marci Meyer

Do you like to draw? Do you like to paint? Well, how about scratch art? Join us for a fun new way to create awesome pieces of art work.

Class Limit: 10

Paper Quilling Marci Meyer

Paper quilling is the art of cutting paper into long strips, rolling them up and shaping them into designs. Learn how to make your designs POP.

Class Limit: 10

Fairy Gardens

Elizabeth Hesselink

Youth will plant succulents into various containers creating one of a kind fairy gardens. Class Limit: 12

Spring Time in the Woods

Mike Lindley

Are you interested in turkey hunting, shed deer antler hunting, and moral mushroom picking? Join us for a fun filled adventure in the woods.

Class Limit: 12

Nature Painting Becky Olson

Learn the art of painting. Create your own nature masterpiece with acrylic paints on canvas.

Class Limit: 12

eathercraft Heidi Wagner

Experience the art of leathercraft. Learn new skills and create one of a kind pieces.

Class Limit: 10

Sugars & Fats Heather Vierling

How much is too much? Learn about the science behind sugars and fats in our everyday foods.

Class Limit: 15

Mini Fold Up Photo Albums

Mari Omann

Make a mini photo album from folded squares of cardstock. Youth are encouraged to bring a few small photos to add during the

Class Limit: 12

Candle Holders Carole Schurtz

Make a beautiful candle holder with decoupage, tissue paper and a

clear container. Class Limit: 12

Snow Candles Carole Schurtz

Making candles in the snow. These will be a one of kind creation.

Grades 3-5, Class Limit: 10

Sewing 101 Debbie Stevens

Join us for a simple sewing project. All supplies will be provided.

Grades 3-5, Class Limit: 8

MARS Landing

Bridget Lentz

Learn about the surface of mars and it's environment. Use you engineering skills to land a rover on top of Mars.

Class Limit: 10

On a Scale of One to T-REX AJ Lentz

Love to perform in plays, skits, or dramas? Learn to become an

actor with warmups, movement and play.

Class Limit: 8

Arm Knitting Catherine Schurtz

Try out a new method of knitting...arm knitting. This is a fun way

to learn to knit using your hands and nothing else.

Class Limit: 10

<u>Lefsa</u> John Johnson

Learn how to make a soft Norwegian bread from potatoes and

flour.

Class limit: 10

<u>Hula Hoop Rugs</u> Jennie & Kaylee Bazille

Join the fun! Learn to make a small rug using a hula hoop and old t

-shirts.

Class limit: 10

Blast Off

Heather Vierling

Learn about basic rocketry. Design and build rockets to blast off.

Class Limit: 15



Clover College

Saturday, February 26, 2022
Glenwood City High School
Open to all youth grades K-5th
Registration at 8:30am / Will start at 9:00am
Registration Fee: \$15.00 / youth

Name (s)	
Address	Telephone
Grade (s) P	Parent (s) name
Gender	Race
Emergency contact name	Emergency contact telephone
I am currently a 4-H member:	Yes No Club Name
Health Concerns: <u>(allergies, etc</u>)
I require an accommodation for a	disability to participate in this program: Yes No
Amount enclosed:	(\$15.00 / youth) Ck# Cash
ALL YOUT	TH WILL NEED TO BRING A SACK LUNCH TO THE EVENT.
Make	: <u>Feb. 11, 2022</u> No refund for cancellations will be issued after the deadline. check payable to: <u>St. Croix County 4-H Leaders Association</u> Return to: 1960 8th Ave, Suite 140, Baldwin WI 54002
Make Please rank your TOP TEN	check payable to: St. Croix County 4-H Leaders Association
Make Please rank your TOP TEN	check payable to: <u>St. Croix County 4-H Leaders Association</u> Return to: 1960 8th Ave, Suite 140, Baldwin WI 54002 choices (I highest to 10 lowest). First-come / first-serve for session cho ll attend 3-5 sessions. Limited participants in each session.
Make Please rank your <u>TOP TEN</u> youth wi	check payable to: <u>St. Croix County 4-H Leaders Association</u> Return to: 1960 8th Ave, Suite 140, Baldwin WI 54002 choices (I highest to 10 lowest). First-come / first-serve for session cho ll attend 3-5 sessions. Limited participants in each session.
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Make Please rank your TOP TEN youth wi Fun with Chemistr Woodworking	check payable to: St. Croix County 4-H Leaders Association Return to: 1960 8th Ave, Suite 140, Baldwin WI 54002 choices (I highest to 10 lowest). First-come / first-serve for session che ll attend 3-5 sessions. Limited participants in each session. y Get Electrified! Springtime in the Woods
Please rank your TOP TEN youth wi Fun with Chemistr Woodworking Scratch Off Art	check payable to: St. Croix County 4-H Leaders Association Return to: 1960 8th Ave, Suite 140, Baldwin WI 54002 choices (I highest to I0 lowest). First-come / first-serve for session chell attend 3-5 sessions. Limited participants in each session. y Get Electrified! Springtime in the Woods Paper Quilling Nature Painting
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Please rank your TOP TEN youth wi Fun with Chemistr Woodworking Scratch Off Art Fairy Gardens Mini Fold Up Phot Candle Holders	check payable to: St. Croix County 4-H Leaders Association Return to: 1960 8th Ave, Suite 140, Baldwin WI 54002 choices (I highest to I0 lowest). First-come / first-serve for session check ll attend 3-5 sessions. Limited participants in each session. y Get Electrified! Springtime in the Woods Paper Quilling Nature Painting to Albums Leathercraft Snow Candles Arm Knitting
Please rank your TOP TEN youth wi Fun with Chemistr Woodworking Scratch Off Art Fairy Gardens Mini Fold Up Phot Candle Holders MARS Landing	check payable to: St. Croix County 4-H Leaders Association Return to: 1960 8th Ave, Suite 140, Baldwin WI 54002 choices (I highest to I0 lowest). First-come / first-serve for session check ll attend 3-5 sessions. Limited participants in each session. y Get Electrified! Springtime in the Woods Paper Quilling Nature Painting to Albums Leathercraft Snow Candles Arm Knitting to T-REX Lefsa

National 4-H Congress

This November, I got the amazing opportunity to travel to Atlanta, Georgia for the 100th Anniversary of the National 4-H Congress. The days were long and eventful and filled with sightseeing, service projects, workshops, and my personal favorite, lots of great food. It was amazing to see the city of Atlanta including the Atlanta Aquarium, CNN Studios, and the Atlanta History Center. It was so great to connect with 4-Hers from across the United States and Puerto Rico and I know that I have made friends that I will stay in touch with for many years to come. I loved to listen to the speakers and performers that we had at congress because they inspired me to find my passion and live a life of service to others. Some of my favorite speakers were John Beede who has climbed the tallest mountain on every single continent on earth. He told us his story and encouraged us to set out to climb our own mountains. I also enjoyed listening to Manny Ohonme who runs an organization called Samaritans Feet that has provided shoes to millions of kids in Africa. I would encourage anyone who is even the slightest bit interested to attend next year's National 4-H Congress. It is truly an experience you will never forget.

Bennett Hatfield "National 4-H Congress was an amazing opportunity to connect with other 4-Hers across the country, strengthen my leadership and service skills, and see the great city of Atlanta. I learned that in 4-H, it is others first, always. I would encourage anyone who is thinking about going to attend next year's congress."





SAVE THE DATES

Clover Cooking - January 29 Clover College - February 26 Clover University - March 26



What's Up with Your Club?

Would you like your Club featured in the next St. Croix County 4-H Communicator? It's simple!

Write up a short article telling us just how fun your club's event / meeting was and make sure to include a picture with the names of the members featured. Let us and other clubs know the good work you are doing in the community! Once you have completed your story send it to Laura at laura.hinz@wisc.edu







Rolling Hills 4-H Club

In November and December, our club donated time doing service projects for our community.

We collected non-perishable food items for our local food shelf, participated in Salvation Army bell ringing, set-up for Operation Help and sponsored two children for Christmas and decorated tissue boxes for a local senior living community.

Happy Holiday's from Rolling Hills 4H Club!

















Dry Run Go-Getters 4-H Club

The Dry Run Go-Getters had a busy December!

We spent a Saturday taking shifts and ringing bell for the Salvation Army outside of Walmart. Some of the kids went shopping for the 2 families we sponsored in the Baldwin-Woodville Communities. And we made a virtual Christmas Caroling Video to send to the local nursing homes!!

St. Croix County 4-H 2021 Plat Book and Plat Maps

On Sale NOW at the following locations:

- UW-Madison Extension Office, Baldwin, WI (payment with cash or check only)
- Gregerson Ace Hardware, Baldwin, WI
- Doyle's Farm & Home, New Richmond, WI

Thank you for supporting St. Croix County 4-H!

Book Cost \$40 Map Cost \$45



Educational Resources from "The Learning Store"

Using high-quality educational materials is an important part of a 4-H meeting or experience.

The Learning Store is an online service of UW-Madison Division of Extension. It offers educational resources and publications. There are topics like health, finances, food safety, environment, agriculture and farming, community, and economic development. 4-H youth and families can use them for project work. A few examples include:

- Raising Waterfowl
- Shelves, Houses, and Feeders for Birds and Mammals
- Guide to Raising Healthy Goats
- Chicken Breeds and Varieties
- Poultry for Smalls Farms & Backyards

Go to The Learning Store at https://learningstore.extension.wisc.edu. There, you will find more than 900 titles. To read a publication for free, click the View Publication button. Or purchase print copies to share at 4-H events and/or county fairs.



Get your FREE 4-H Curriculum

The St. Croix County Extension office is cleaning and we would love your help. We have an extensive collection of 4-H Curriculum available to you for free. Examples include:

- Horse
- Beef
- Dairy & Meat Goat
- Swine
- Sheep
- Poultry
- Waterfowl
- Rabbit
- Dog
- Vet Science
- Shooting Sports
- Hunting
- Adventures
- Bikes
- Aerospace
- Scale Models
- Self Determine
- Woodworking
- Small Engines
- Tractors
- Electricity
- Lawn Care
- Landscape
- Child Development
- Clothing/Crochet/Knit

- Home Economics
- Exploring 4-H
- Citizenship
- Youth Leadership
- Photography
- Videography
- Communication
- Theater
- Demonstrating
- Leathercraft
- Block Print
- Metal Enamel
- Food & Nutrition
- Wildflowers
- Trees/Forest Fun
- Insects
- Spring Bulbs
- House Plants
- Vegetable Gardens
- Pest

Contact Laura for info: 715-531-1937 or laura.hinz@wisc.edu

LEADER NEWS

VIP Training—Required for New 4-H Volunteers

If you have adults who are interested in becoming certified 4-H volunteers they are required to take the Volunteer in Preparation Training (VIP). Completion of a VIP Training is one of the requirements to becoming a certified 4-H volunteer. All VIP Trainings will be held both in person and virtually this fall. These trainings take 1—1 1/2 hours to complete. Below you will find a list of dates and RSVP deadlines. These RSVP deadlines are firm in order to mail you the training packet ahead of time. For more information contact Heather heather.vierling@wisc.edu

January 10 @ 5:00pm January 13 @ 7:30pm (RSVP By: December 31) February 22 @ 9:30am (RSVP By: February 11) February 22 @ 5:30pm (RSVP By: February 11)

TO REGISTER FOR A TRAINING GO TO

https://forms.gle/nJbsSJM6fHbbb7ht6

Steps to Becoming a 4-H Volunteer

- 1.) Enroll in 4-HOnline
- 2.) Complete a National Background Check
- 3.) Attend VIP Training
- 4.) Completed online Mandated Reporter Training



St. Croix County 4-H Leaders Association Meeting

January 18 @ 7:00pm

UW-Extension Office or via ZOOM

Agenda will be sent out prior to the meeting



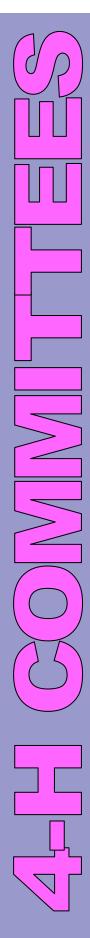
4-H Event Insurance

As you plan out your club calendar take note of those activities that may require additional insurance. This insurance will cover all participants (youth/adult, 4-H and non 4-H). The cost is \$0.30/person/day. Contact Heather for insurance coverage.

NEWS TO SHARE??

Do you have news to share in the St. Croix County 4-H Communicator? Write up a short article and we will put it in the next communicator. Share important dates and information for projects and events. Keep everyone informed on the happenings in 4-H!

Send your articles to Laura at laura.hinz@wisc.edu



Livestock Committee Updates

Livestock Committee Meeting: January 11th 6:00 PM

The St. Croix Livestock Committee will be holding several rules meetings. These rules meetings are required for all exhibitors and one parent. They will be held at the Extension office at 6:00. Please make sure to attend!

If you have any questions, please contact Lori DeBoer. lordeb651@gmail.com

YQCA Training

YQCA Training (Youth for the Quality Care of Animals) is a national multi-species quality assurance program for youth ages 8-21 with the focus on three core pillars: food safety, animal well-being, and character development. YQCA certification is required for all St. Croix County livestock youth (sheep, swine, beef, and meat goats) who plan to participate in the fair.

For 2022 YQCA Training will be offered both in person and online. You must register for both options and pay the fee. To register go to http://yqca.org/ and create an account or log into your existing account. Once you are entered into the sight you can search for upcoming trainings. Below is a list of trainings that are being offered in our area.

Jan 3 @ 6pm, St. Croix UWEX Office Jan 15 @ 9am, Ellsworth High School Feb 21 @ 5:30pm, Ellsworth High School Feb 22 @ 7pm, St. Croix UWEX Office Mar 5 @ 9am, St. Croix UWEX Office



Horse Project News

Education kick-off Open House Jan 15th 5:30 – 7:30 PM Ag Center in Baldwin



Purpose:

There is more to the St. Croix County horse project then showing your horse at the fair and state events. There is also an educational component to assist you in learning more about horses, which includes but not limited to:

- Anatomy
- Care of horses
- Tack
- History of horses
- Nutrition
- Reproduction
- Judging

State Events:

- May 13th State Speaking and Demonstration Contest Dodge County
- May 14th State Quiz Bowl and Hippology Contest Dodge County
- Sept 16th 18th Horse Judging / Educational projects West Allis

What to expect on Jan 15th:

- Open House Drop in when you can
- Practice Hippology we have a sample of the state boards
- Info on quiz bowl so you know what to expect
- Info on Horse Judging so you know what to expect
- County and state educational projects

St. Croix County Youth Horse Project MANDATORY Kick-off meetings

Both meetings are being held at the Ag Center in Baldwin. These are MANDATORY every horse project member that would like to participate in the project is required to attend one of these 2 meetings. Put them on your Calendar now and make these a priority. – Thank you!

- 1. Saturday April 9th 8:30 am Arrival 9:00 am Start.
- 2. Thursday April 21st 6:30 pm Arrival 7:00 pm Start

All <u>Horse project parents and youth</u> are welcome and encouraged! Upcoming 2021 – 2022 Youth Horse Project Meetings - Ag Center **Youth Meeting 7:00** / all project meeting 7:30

- Monday January 3rd
- Monday February 7th
- Monday March 7th
- Monday April 4th
- Monday May 2nd
- Monday June 6th
- Monday July 11th (moved due to 4th)
- Monday Aug 1st (project recap meeting)
- No Sept meeting
- Monday Oct 3rd 2022 Year-end banquet

Sheep & Goat Workshop

Saturday, January 22nd, 2022 Spring Valley High School Ag Room

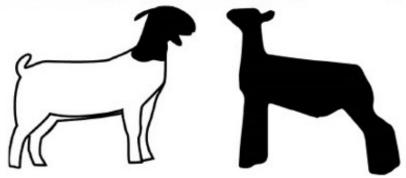
Sheep Meeting 9:00 am

Goat Meeting 11:00 am

Basic Nutrition and Selection for New Members with focus on Market Animals

RSVPs are strongly encouraged to accommodate for hands on projects

E-Mail <u>black-sheep21@outlook.com</u> with any questions



Hosted by Kaylee & Jacob Bazille



Farm Ready Research Webinar Series

Farm Ready Research is Extension's agriculture winter webinar meeting series for farmers and ag professionals. Learn the most up-to-date information on topics from dairy and livestock production to forage and farm management. Sessions continue in January 2022. Review the program topics and descriptions, and register at https://extension.wisc.edu/agriculture/farm-ready-research/

Friday, January 7 | 11am – 12pm : Farm-gate Economic Outlook

Tuesday, January 11 | 1 – 2:30pm: Animal Care Starts with the Calf

Tuesday, January 11 | 7:30 – 8:30pm : SRW A new year, a new ewe perspective

Friday, January 21 | 11am – 12pm : Farm Pulse Program, Make Sense of Financial Management

Tuesday, January 25 | 1 – 2:30pm: Diving Into Dairy Data Projects

Wednesday, January 26 | 12:30 – 1:30pm : Focus on Forage: Optimizing Forage Production in Wisconsin

Friday, January 28 | 11am – 12pm : Don't Gamble the Farm Away, Take Charge of Your Future Today!

Foods Project Members

4-H Food Expo - Saturday, January 29: 9 am - 3 pm

Want to learn how to prepare nutritious foods and improve your skills in the kitchen? Join us for the 4-H Food Expo. This event is open to all youth (4-H and non 4-H) interested in learning more about foods & nutrition. Youth will attend 5 different sessions. This years workshops include: *Mini Cheesecakes, Fitness Fun, Homemade Noodles, Fun with Popcorn, and Saucy Sauce*

See next page for registration.



4-H FOOD EXPO



Want to learn how to prepare nutritious foods and improve your skills in the kitchen? Join us for the 4-H Food Expo. This event is open to all youth (4-H and non 4-H) interested in learning more about foods & nutrition. Youth will attend 5 different sessions. This years workshops include: Mini Cheesecakes, Fitness Fun, Homemade Noodles, Fun with Popcorn, and Saucy Sauce



GRADE: Open to all youth (4-H and non 4-H)

WHEN: Saturday, January 29, 2022

WHERE: Somerset Middle School (625 Sunrise Drive,

Somerset)

TIME: 9:00am—3:00pm (Registration 8:30am)

COST: \$15.00 / youth

WHAT TO BRING: Please bring an apron and pack a

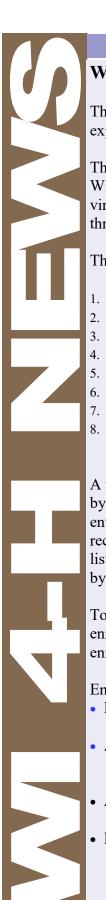
bagged lunch.

NAME:	GRADE:
CLUB:	a a caracteristic and a ca
PARENT'S NAME:	PHONE:
EMAIL:	
If your child needs accommodations or	has any food allergies please list them here:

Make checks payable to: St. Croix County 4-H Leaders Association
Mail to: St. Croix County UW-Extension

1960 8th Ave., Suite 140 Baldwin, WI 54002 Registration Deadline:

January 19, 2022



Wisconsin 4-H Foundation Kicks off Art Contest

The Wisconsin 4-H Foundation has kicked off a contest that challenges all 4-H members to explore their creativity.

The Wisconsin 4-H Foundation Celebrates the Arts Art Contest is open to any current Wisconsin 4-H member, with cash prizes totaling nearly \$1,000. The contest will be held virtually, with photos of all entries submitted electronically. Entries are being accepted now through December 31, 2021.

The contest is broken into eight categories:

- 1. Drawing Using Any Medium
- 2. Painting (acrylic, watercolor or oil)
- 3. Pottery, Ceramics or Clay
- 4. Photography
- 5. Paper
- 6. Fabric, Yarn or Fiber
- 7. Wood
- 8. Any Other Media (ex: digital, metalcraft, jewelry, leatherwork, wax, eggshells, taxidermy, etc.)

A winner will be chosen in each category with a Best of Show award given to one entry chosen by the judging committee. Category winners will receive a \$100 cash award. The Best of Show entry will receive an additional \$150 cash award. Other art may be recognized but will not receive a cash award. Winners will be notified by email by February 1. A complete winner's list, as well as photos of the winning entries, will be on the Wisconsin 4-H Foundation Website by February 15, 2022.

To be eligible for the Wisconsin 4-H Foundation Art Contest, youth must be a 4-H member enrolled in 4H Online for the 2021-2022 4-H Program Year. Entrants do <u>not</u> need to be enrolled in any specific project to participate.

Entry Information

- Entries will be accepted from Friday, October 1, 2021, until midnight on Friday, December 31, 2021.
- A photo of the entry and the completed entry form must be submitted through the contest
 website: https://4h.extension.wisc.edu/opportunities/projects/arts-communication/celebrate-the-arts/
- A tip sheet for entrants is available. Please review this information to learn how best to present and share your art.
- Each artist may submit one entry in one or more category but may submit only one entry in any one category. Example: Fred can submit a photo, a chalk drawing and a ceramic dish, but he cannot enter two photos.

For official contest rules and requirements and how to submit photos of artwork, please visit: <u>Wis4HFoundation.org/events/celebrate-the-arts/</u>





2022 State Team Applications Available Now

Applications are available for the 2022 Wisconsin 4-H State Teams! Do you love to sing, dance, act, write, speak, or draw? This may be for you!

Youth in grades 9-13 can apply to join the State Drama Company and State Arts Team for 2022. Teams help to lead WI 4-H & Youth Conference, perform at State Fair, help conduct the State Art Show, and much more! You can find out more information at https://4h.extension.wisc.edu/opportunities/statewide-events-and-opportunities/state-arts-teams/

Applications are open in 4HOnline and close on February 15, 2022. Review the application pages for full information on what is required to apply. We hope to have you join us on one of our State Teams!

2022 Wildlife & Woods Virtual Classes – Coming Soon!

More Wildlife and Woods Virtual Sessions. Wildlife and Woods is Wisconsin 4-H's statewide natural sciences, wildlife, and forestry virtual event.

Outdoor enthusiasts get to connect with other 4-H youth grades 3-13 from around the state. Together, we explore the natural world with a special focus on wildlife, wildlife habitats, and forests. Participants learn about wild places across the United States following the 4-H Wildlife Habitat Education Program (WHEP) and the 4-H Forestry Program. Each month focuses on a different habitat, some of its plants and critters. Materials are designed for all ages and knowledge levels, so everyone can benefit. Since the sessions are co-led by youth and adult leaders, the youth leadership opportunities are plentiful. Youth leaders can research about wildlife, trees, management concepts and management practices; prepare slides; lead activities; present topics from slides; record videos; or read announcements. Youth leaders also meet virtually the week before for prep and practice. Being a part of this team is great preparation for WHEP and Forestry competitions. For more information or to join the Wildlife & Woods Leader Team, contact: Shannon Stege: wi4hwildlifeforestry@gmail.com

To register for the virtual sessions, watch your e-mail for a message from 4-H online. The registration link will also be in the January TRACKS Newsletter. Mark your 2022 calendars for the third Wednesdays, 7-8 pm. Jan 19 - Wonderful Wetlands; Feb 16 - Hot Desert; Mar 16 - City Wildlife; Apr 20 - Great Lakes

4-H American Spirit Experience 2022 Information and Next Steps

Dates: June 3-12, 10-19 or 17-26, 2022

Highlighted Location(s):

- * Maumee, Ohio
- * Philadelphia, Pennsylvania
- * New York City, New York
- * Boston, Massachusetts
- * Lexington/Concord, Massachusetts
- * Gloucester, Massachusetts
- * Niagara Falls, New York



What is this Experience:

Experience history & heritage by immersing in a 10-day bus journey to the East Coast — Youth-led content throughout the experience — Increase knowledge of American history while experiencing where it occurred — Dynamic exposure to diverse cultural experiences and perspectives of the foundation of our nation.

Participant Eligibility:

- · All youth grades 8-10 (Youth in 11th -12th grade eligible for 2022 dates ONLY)
- · Pre-Registration in 4-H Online 2.0 open January 3-14, 2022. Youth and their parent/guardian must complete the online registration together; it includes several questions for the youth participant to answer!
- · Each experience is limited to 44 youth, decisions about who is selected to travel are based on the following factors: first-come-first-serve registrants, # of youth per experience, full rooms by identified gender, ages of youth traveling together, eligibility to participate in future years
- · Estimated Cost of Experience = \$1,650

December 20, 2021	Registration for American Spirit Experience is open to past/2020 Registrants in 4-H Online
January 3, 2022	Registration for American Spirit Experience Open to ALL in 4-H Online
January 14, 2022	Registration for American Spirit Experience Closes in 4-H Online
January 28, 2022	Communication Regarding Participants Selected/Able to Travel E-mailed
February 14, 2022	Committee Planning Zoom continued Planning for 2022
February 20, 2022	Payment Deadline from Counties/Participants
	Payable to 4-H American Spirit, 5 University Drive, Sheboygan, WI 53081

COVID Questions

UW Madison, Wisconsin 4-H and the American Spirit Planning Committee is committed to ensuring a solid educational program in a safe and healthy environment. As we move forward with planning and preparing for American Spirit in 2022, we will continue to utilize the latest research and information on how an educational travel experience, through several states, can happen safely; using information from the CDC, the hospitality community (PCMA, MPI, etc.) and the American Camping Association. All participants will be required to agree to and abide by COVID Safety Protocols.

Animal Sciences Education Series Announced for 2022

The Wisconsin Youth Livestock Program (WYLP) is excited to offer these LIVE Virtual Zoom educational programs for the spring of 2022. These current topics are for youth and adults alike and occur on the second Thursday of the month from January through May. Each session begins at 7 p.m. CST with a presentation followed by a question-and-answer time. Register for any or all the events to get the connection information by email.

For registration and details about each presentation, go to: https://go.wisc.edu/tnq61h On this webpage, you can also find an educational verification form. Complete the form and turn it in to your county fair and or livestock committee to verify your participation. These activities can serve as "county educational requirements."

These sessions will provide awareness and knowledge of animal agriculture in the challenge areas listed. They will also give details on careers and how this area connects with your animal project. There will be a case study to further develop discussion skills with a local project leader, agriculture, and/or science teacher on the discussion topic. Younger youth can learn through a take-home activity they talk about with parents and/or project leaders.

- January 13 Grand Challenge: Animal Health & Welfare
- February 10 Grand Challenge: Precision Agriculture
- March 10 Grand Challenge: Food Safety Pork Carcass Evaluation, Fabrication and Cooking with Pork
- April 14 Grand Challenge: Land and Water
- May 12 Grand Challenge: Biomedical Advancements

For more information visit https://go.wisc.edu/tnq61h or contact Bernie O'Rourke, UW- Madison Animal & Dairy Science Extension Youth Livestock Specialist at (608) 263-4304 or borourke2@wisc.edu. For more information, go to the Wisconsin Youth Livestock Program.

Website – https://youthanimalsciences.wisc.edu/ and https://livestock.extension.wisc.edu/ programs/ wisconsin-youth-livestock/

YouTube - https://www.youtube.com/c/WisconsinYouthLivestockProgram

Facebook – https://www.facebook.com/wisconsinyouthlivestock/

Instagram - https://www.instagram.com/wiyouthlvstk/



OTHER NEWS



BLAIN'S SHOW VIRTUAL EVENT

Join us for this free virtual event to help get your animals show-ready this season

THURSDAY, JANUARY 6th 2022

Time: 6:00pm - 7:30pm CST

Location: Virtual-Platform - Microsoft® Teams

RSVP is required to attend - use QR code.



RSVP HERE

Event Topics:

Let's get ready to show! Join Nutrena's show feed experts, along with Blain's Farm & Fleet and Weaver Livestock for this three-species show event.

During this virtual event we will dive into the following topics for pigs, lambs & goats:

- Animal Selection
- Preparing For New Animals
- Acclimating New Animals
- Early Feeding Strategies
- Beginning Breaking & Training
- Early Season Daily Hair & Hide Care
- Key Daily Care Products

Day of Event:

Join the meeting on January 6th via the link provided in the RSVP. We look forward to seeing you there! Please contact Megan Pretz (megan_pretz@cargill.com) with questions.

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UW- Madison, Division of Extension Non Discrimination

Periodically, UW-Madison takes steps to ensure that our partners know and understand our policy of non-discrimination. This is to remind or notify you that the University of Wisconsin Madison, Division of Extension does not discriminate in the treatment of individuals in the admission or access to its programs and activities, in the provision of services, or in employments.

Further, UW-Madison will not participate with organizations or in activities, which discriminate on the basis of any of the prohibited categories of discrimination. Categories of prohibited discrimination include: race, color, gender/sex, creed, disability, religion, national origin, ancestry, age, sexual orientation, pregnancy, marital or parental status, arrest or conviction record, or membership in the National Guard, State Defense Force, or any other component of military services.

Consistent with the Americans With Disabilities Act, persons who need materials in alternative format or other accommodation must write or call the UW-Extension contact person for the specific program or call the main telephone number of St. Croix County UW-Extension (715) 531-1930, 1960 8th Ave., Suite 140, Baldwin, WI 54002 at least 10 working days prior to the event. Individuals who need TDD/TTY access, can call 711 for relay assistance.

The University of Wisconsin Madison, Division of Extension staff in St. Croix County thanks you for collaborating with our many educational endeavors. We appreciate your support and working relationship as we provide educational programs designed to empower the diverse citizens of St. Croix County.

St. Croix County 4-H

1960 8th Ave. Suite 140 Baldwin, WI 54002

Phone: 715-531-1930 Fax: 715-264-2666 Website: <u>https://</u>

stcroix.extension.wisc.edu/

PLEASE PLACE STAMP HERE

