

# FOOD & NUTRITIONAL ASSISTANCE

Dunn County Community Resource Guide

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## **Caring Ministries Food Pantry**

715 University Ave

Colfax, WI 54730

715-704-6400

Emergency food for residents in the Colfax postal code or school district. Services provided by appointment only.

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## **Colfax Community Cares Food Distribution**

Viking Bowl & Lounge

N8590 WI-40

Colfax, WI 54730

<http://colfaxluthern.org/community-services/>

Occurs on the 2nd & 4th Thursday of each month from 2:00pm-3:30pm. All food must be distributed and is free! Bring grocery bags or totes to take the food home in. Volunteers will help transport your selections to your vehicle.

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## **Congregate Dining / Senior Meals**

Available to individuals aged 60 or older, an underage spouse of an eligible participant, a caregiver or disabled person who lives with an eligible senior and accompanies them to a meal site, or a disabled person that lives in a housing unit that hosts a meal site and is occupied mostly by seniors. Suggested donation of \$3.50 per meal to defray costs is appreciated. No one over 60 will be denied a meal due to inability to donate. Call to reserve your meal 24 hours in advance. Upon arrival you will be asked to fill out a short registration card. Contact the local Senior Meal Site or the ADRC of Dunn County at 715-232-4006 for more information. Senior Meal Sites in Dunn County include:

Dairyland Café

125 Diamond St

Ridgeland, WI 54763

715-949-1985

Meals served Monday through Friday from 10:30 am – 1:00 pm.

Eau Galle Civic Center

N401 County Rd D

Eau Galle, WI 54737

715-283-4252

Meals served Monday and Wednesday at 12 noon.

Grapevine Senior Nutrition Center

121 S Main St

Colfax, WI 54730

715-962-2550

Meals served Monday through Thursday at 11:30 am.

Hosford-Rich Apartments in Menomonie

1202 10<sup>th</sup> St E

Menomonie, WI 54751

715-235-0656

Meals served Monday through Friday at 11:30 am.

J & C's Bar & Grill

414 Main St

Knapp, WI 54749

715-665-2133

Meals served Tuesday through Friday at 11:30 am.

Sand Creek Café

N13419 County Rd I

Sand Creek, WI 54765

715-658-1335

Meals served Monday through Friday.

Tantara Apartments

420 Heller Rd

Menomonie, WI 54751

715-235-4718

Meals served Monday through Friday at 11:30 am.

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## Farmer's Markets in Dunn County

*Boyceville Farmer's Market*

Andy Pafko Park

Hwy 170

Boyceville, WI 54725

Open June-October Mondays 2:00 pm- 6:00 pm.

*Elk Mound Area Farmer's Market*

E220 Menomonie St

Elk Mound, WI 54739

Open June-October Fridays from 8:00 am – 6:00 pm.

*Menomonie Farmer's Market*

800 Wilson Ave (Near the band shell)

Menomonie, WI 54751

Open late May to Mid-October Wednesdays from 12:00 pm- 5:00 pm and Saturdays from 8:00 am – 1:00 pm. Winters at Lammer’s Food Fest Saturdays from 9:00 am- 12:00 noon.

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**Food Harvest Ministry**

Boyceville Community Center  
500 Charlotte St  
Boyceville, WI 54725  
715-643-2350

Open the third Thursday of the month from 9 am – 10:30 am. No questions asked. Bring your own bags or boxes.

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**Plates and Knappkins- Mobile Food Pantry**

111 Oak Street  
Knapp, WI 54749  
715-665-2009

Open the fifth Saturday of the month from 7:00 am -10:00 am. No questions asked. Bring your own bags or boxes.

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**FoodShare (Food Stamps)**

Dunn County Department of Human Services  
Economic Support  
3001 US Hwy 12 E Suite 160  
Menomonie, WI 54751  
[dhs@co.dunn.wi.us](mailto:dhs@co.dunn.wi.us)

[www.co.dunn.wi.us/index.asp?SEC=DDF119CA-8B3D-4B1D-B07B-8FF1E6003A89&Type=B\\_BASIC](http://www.co.dunn.wi.us/index.asp?SEC=DDF119CA-8B3D-4B1D-B07B-8FF1E6003A89&Type=B_BASIC)

FoodShare Wisconsin was created to help stop hunger and improve nutritional health. FoodShare helps people with limited money buy the food they need for good health

[www.dhs.wisconsin.gov/foodshare/index.htm](http://www.dhs.wisconsin.gov/foodshare/index.htm)

- **Economic Support:** Provides the following income based services: FoodShare, BadgerCare, Family Planning Only Services, Medical Assistance, Family Care, Wisconsin Shares Child Care Subsidy Program, Caretaker Supplement, and the Wisconsin Home Energy Assistance Program (WHEAP). ACCESS, the Great Rivers Call Center, and Centralized Document Processing Unit (CDPU) each play a role in facilitating these services to individuals.

**ACCESS:** provides up-to-date information and online applications for the following: SeniorCare, Medicaid/BadgerCare, FoodShare, Family Planning Services, and Caretaker Supplement benefits. Visit <http://access.wi.gov/> to apply.

**Great Rivers Call Center:** Staffed by Economic Support Specialists from ten counties, which makes up the Great Rivers Consortium. Individuals call 1-888-283-0012 to ask questions or schedule an appointment with an Economic Support Specialist in their county to discuss Income Maintenance Programs.

**Centralized Document Processing Unit (CDPU):** Individuals applying for Income Maintenance Programs will be required to submit verification documents via fax to 1-855-293-1822. More detailed instructions regarding this process are available on the Economic Support Website at [http://www.co.dunn.wi.us/index.asp?SEC=4EE14165-830B-49B2-BC00-AAC5F94BF0E5&Type=B\\_BASIC](http://www.co.dunn.wi.us/index.asp?SEC=4EE14165-830B-49B2-BC00-AAC5F94BF0E5&Type=B_BASIC)

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### **Free/Reduced Cost School Meals**

Contact your local School District Office for an application. All schools have a free/reduced cost meal program for children. Families on Food Share, BadgerCare, or medical assistance are eligible. ALL families need to complete an application.

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### **Knapp Community Projects Food Pantry**

508 Hwy 12 W  
Knapp, WI 54749  
715-665-2310

Open Tuesdays and Thursdays from 2 pm – 4 pm. Families are allowed 2 visits monthly. You must apply in person at the pantry.

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### **Meals on Wheels**

Available to individuals who are 60 years or older, homebound due to health reasons, and are unable to prepare a nutritious meal on their own. There is suggested donation of \$4 per meal, but any amount will be gratefully accepted. No senior will go hungry due to inability to pay. At the end of the month a statement will be sent with the number of meals received. Call the Dunn County ADRC at 715-232-4006 to register for the program.

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### **Project SAM (Share a Meal)**

Contact 715-235-2920 or [foodpantry@steppingstonesdc.org](mailto:foodpantry@steppingstonesdc.org) to register.

Free weekend meal program for youth provided by Stepping Stones Food Pantry. Distributed at the end of the school week. Each bag contains enough food for two breakfasts and two lunches for one child. Each child in the home is eligible.

### **Ruby's Pantry at Shepherd of the Hill Lutheran Church**

207 University St

Elk Mound, WI 54739

Church: 715-879-5115 or [www.sothem.org](http://www.sothem.org)

Ruby's Pantry: 320-629-7400 or [www.rubyspantry.org](http://www.rubyspantry.org)

The 2nd Saturday of the month. Registration starts at 7:30 am, distribution begins at 8:00am-10:00am. A \$20 cash donation is requested. Bring boxes or laundry baskets to carry food. There are no county restrictions; everyone is welcome to attend.

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### **Shepherd of the Hill Food Pantry**

207 University St

Elk Mound, WI 54739

715-879-5115

Open Tuesdays and Fridays from 10 am – noon or by emergency appointment.

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### **Stepping Stones of Dunn County**

1602 Stout Rd

Menomonie, WI 54751

715-235-2920

[www.stepsstonesdc.org](http://www.stepsstonesdc.org)

Offers emergency shelter, housing assistance and referral services. They also operate a food pantry, which is open Mondays, Thursdays, and Fridays from 11 am- 2 pm, Tuesdays and Wednesdays from 3 pm- 6 pm, and Saturdays from 10 am- noon. They are closed Sundays. To use the food pantry, individuals need to bring a photo ID, proof of Dunn County residency (driver's license, utility bill, lease, etc.) and know your household's gross monthly income.

Beginning Today, Tuesday, March 17, Stepping Stones Food Pantry will be doing ALL food distribution as curbside pick-up of pre-packed bags/boxes only. Boxes will be sized for families of 2. If there are more in your household, we will give you additional boxes. If you are a household of one, we hope you may not need to leave home as often! Boxes will be available for pick up during our normal food pantry hours: Mondays, Thursdays and Friday from 11:00 -2:00 Tuesday and Wednesday from 3:00-6:00 and Saturdays from 10:00- Noon The curbside pickup will take place at the sliding doors on the east side of the Stepping Stones building. There will be volunteers in the parking lot to direct you and to load your box(es) into your car. There will be no need to leave your vehicle. Please enter from 17th Street and exit onto Stout Road. Do NOT park in a parking spot — just pull up behind any other cars already in line. There is no advantage to coming early and waiting longer as all boxes will have the same quantity and types of food. We suggest you come at least an hour after the scheduled start time if you want to avoid what could be a lengthy wait. A volunteer will take your name and family size. You may roll down your car window to give the volunteer this information or hold your I.D. up to the window and indicate the # with your fingers. When you reach the sliding doors, either pop your trunk or have your back door unlocked for a volunteer to load your box(es). If your trunk needs to be unlocked, please stay in your car and hand the volunteer your keys. We ask you to try to only come as needed and not more than once per week so we can keep enough food on hand for everyone who

needs it. If you are on foot or bike, you can come more often and walk up to the sliding doors for your food package.

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**Thursday's Table**

First Congregational Church  
420 Wilson Ave  
Menomonie, WI 54751  
715-235-5838

Free home-cooked meal every Thursday from 5 pm – 6 pm. Open to the public and handicap accessible.

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**Tuesday's Table**

St. Joseph's Church  
910 Wilson Ave  
Menomonie, WI 54751  
715-232-4922

Free home-cooked meal every Tuesday 5 pm – 6 pm. Open to the public and handicap accessible.

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**UW-Extension of Dunn County**

Wisconsin Nutrition Education Program  
3001 US Hwy 12 E Suite 216  
Menomonie, WI 54751  
715-232-1636

<http://dunn.uwex.edu/>

Provides free information on budgeting, parenting, nutrition and more!

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**West CAP Food Pantry**

823 Main St  
Boyceville, WI 54725  
715-977-1191

[westcap@wcap.org](mailto:westcap@wcap.org)

<http://westcap.org/>

Thursdays from 3 pm – 7 pm and Fridays from 9 am – 1 pm.

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**WIC (Women, Infants and Children)**

Dunn County Public Health  
3001 US Hwy 12 E Suite 032  
Menomonie, WI 54751

715-232-2498 or 1-888-332-5768

[www.co.dunn.wi.us/index.asp?SEC=4D7B2204-B282-4854-8690-E1D85C96396A&Type=B\\_BASIC](http://www.co.dunn.wi.us/index.asp?SEC=4D7B2204-B282-4854-8690-E1D85C96396A&Type=B_BASIC)

Supplemental food program for women, infants and children. Offers health screening, nutrition education, and breastfeeding support.

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