

## FOOD PANTRIES

### Amery Area Food Pantry

Amery School District  
230 Deronda St., Amery  
715-268-5999

Call before 12pm on Wed. for appointments  
(leave name & phone number on voice mail)

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
9a-12p			3p-6p		

### Lifeline Food Pantry

560 5th St., Clear Lake  
715-263-3846

Emergency Contact: Gordon 715-948-2776

Mon.	Tue.	Wed.	Thu.
7:30a-10a		2:30p-4:30p	7:30a-10a

### People Loving People

Open to ALL  
103 E. Main St, Dresser  
715-755-2300

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		2p-5p			11a-1p

### Family Pathways Food Shelf

Frederic School District  
1100 Wisconsin Ave S., Frederic  
715-327-4425

For best service, call for appointment

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	9a-4p	12p-4p	9a-4p		9a-12p

Dresser, St. Croix Falls, Centuria, Balsam Lake,  
Cushing & Milltown  
2000 US Hwy 8., St. Croix Falls  
Call in Advance: 715-483-2920

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
9a-5p	9a-5p	10:30a-5p	9a-5p		

## FOOD PANTRIES CONTINUED

### Loaves & Fishes

Luck & Unity School Districts  
300 N 1st St, Luck

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	11a-1p		11a-1p		

### The Open Cupboard

Osceola & Dresser School Districts  
406 2nd Ave., Osceola  
715-294-4357

Appointments available if unable to make walk-in times

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
9a-12p		9a-12p	11a-4p		

### St. Croix Falls Food Shelf

St. Croix Falls & Dresser Elementary School Districts, Centuria, Cushing & portions of Balsam Lake areas

809 Pine St., Ct. Croix Falls  
715-483-9494 or scffoodshelf@gmail.com

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
9a-11a		3p-6p		9a-10a	

### Turtle Lake Food Pantry

Local food shelf and humanities service organization

111 Elm St S., Turtle Lake  
715-986-4158

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	12:30p-3:30p				



## FOOD DISTRIBUTIONS

### Polk County Ruby's Pantry Sites

[Ruby's Pantry Amery](#) | [Facebook](#)

Open the 2nd Saturday of each month, 7:30am to 9am

Located at SMC Ltd Shipping Area  
9000 Griffin St. E., Amery

\$25 Cash Donation Per Share. You will receive an abundance of grocery items. There is no income or residency requirements; everyone is welcome.

### St. Croix Valley Food Bank

Open last Wednesday of each month, 11am-1pm  
507 W. Main Street, Balsam Lake (Our Lady of the Lakes Church)

715-629-5405 or  
endhunger@stcroixvalleyfoodbank.org

## FREE COMMUNITY MEALS

### United Methodist Church

306 River Street, Osceola  
Last Wednesday of the month (Jan.-Oct)  
(Not in Nov or Dec)  
5:30pm-6:30pm  
715-755-2275

More Free Community Meals will Return in the Fall

## SENIOR DINING SITES/HOME DELIVERED MEALS

Hot nutritious meals are offered to senior citizens at Amery and Milltown in Polk County.

Meal Delivery is provided for people 60+ year s of age who are unable to go to dining sites, cook for themselves or who have no one to prepare meals for them.

For more information, please contact ADRC of Northwest Wisconsin

877-485-2372

## WIC PROGRAM

### WIC Provides:

- Wholesome foods for pregnant women, new moms, infants and children under 5.
- Breastfeeding Support
- Nutrition and feeding tips for families
- Referrals to other community services

### Polk County WIC

Web: [www.polkcountyhealthdept.org](http://www.polkcountyhealthdept.org)  
(Application Form Available on Website)  
715-485-8520

## FARMERS MARKET NUTRITION PROGRAM

**Free Vouchers for Produce at Certified Vendors, June-October.**

### Seniors Farmers Market Nutrition Program

For Qualified Individuals  
ADRC of Northwest Wisconsin  
Polk County Office  
877-485-2372

### WIC Farmers Market Program

For WIC Participants  
Polk County WIC  
715-485-8520

## FOODSHARE PROGRAM (FOOD STAMPS)

### Food Share Outreach Specialist:

Michelle Dudar-Sehr 715-629-5405 (Screening and Application Assistance) **OR** 877-FOOD-635 (877-366-3635) (Screening and Appointment Scheduling)

### For Guidelines & Eligibility:

<http://www.dhs.wisconsin.gov/FoodShare>

### To Apply:

Online: [www.access.wisconsin.gov](http://www.access.wisconsin.gov)

Call: Great Rivers Call Center: 1 (888)283-0012

In Person: Economic Support Office  
100 Polk County Plaza, Balsam Lake, WI

## COMMODITY SUPPLEMENTAL FOOD PROGRAM

For low income qualifying seniors age 60+  
Call to learn more about the program and be put on a waiting list.

West Central Wisconsin Community Action Agency  
715-265-4271

## SALVATION ARMY

**Backpack Program-Eligible students receive a backpack full of foods weekly**

Head Start, Amery, Clayton, Clear Lake, Frederic, Luck, Turtle Lake, and Unity School Districts.  
(St. Croix Falls and Osceola; Inquire at School)

**Emergency Food Needs Also Available**  
715-263-2900

## FREE OR REDUCED SCHOOL MEALS

Free or reduced price school breakfast and lunch are available to low income families. All children in households receiving benefits from FoodShare can get free meals. WIC families are eligible for reduced or free meals.

**Please contact your school's office for more information**

## DO I QUALIFY FOR FOOD, NUTRITION & OTHER PROGRAMS?

**Check out the following website:**  
[www.access.wisconsin.gov](http://www.access.wisconsin.gov)

### Did We Miss Something?

If we missed a resource within Polk County, please call 715-485-8600, or email [katie.bartko@wisc.edu](mailto:katie.bartko@wisc.edu) or [kerry.hill2@wisc.edu](mailto:kerry.hill2@wisc.edu)

### Need More Copies?

[https://  
polk.extension.wisc.edu/  
nutrition-education/food-  
resources/](https://polk.extension.wisc.edu/nutrition-education/food-resources/)



**FOOD WISE**  
Healthy choices, healthy lives.

UW-MADISON EXTENSION

# Community Food Resource Directory

## Polk County



**Call:** 211 or 877-947-2211

**Text:** Text Your Zip Code to 898211

**Search:** [211@wisconsin.org](mailto:211@wisconsin.org)

211 connects you to critical health and human services in your community 24/7/365 at no cost.



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