

Join us and begin

planning **AHEAD** for the end of this life

### What is Planning AHEAD?

Planning AHEAD is a 7-session course (one hour each) that guides participants through the topics listed on the right.

This course features a free workbook to help people with the tasks and decisions associated with end-of-life planning.

### Who is the program for?

This program is for people who:

- Want to create end-of-life plans to make things easier for family members and to ensure their wishes are honored
- Have lost a loved one
- Are in the process of losing a loved one and are dealing with the transition

### When is the program?

### Contact us for more information

## planning **AHEAD** PROGRAM TOPICS



Getting Started



Handling Financial Changes



Advance Medical and Legal Directives



Estate Planning



Choices in End-of-Life Care



Final Wishes



Understanding Grief



Extension

UNIVERSITY OF WISCONSIN-MADISON