Join us and begin

Planning AHEAD

for the end of this life

What is Planning AHEAD?

Planning AHEAD is a 7-session course (one hour each) that guides participants through the topics on the right.

This course features a workbook to help people with the tasks and decisions associated with end-of-life.

Who is the program for?

This program is for people who:

- Are interested in planning for the end of life to make things easier for family members
- Have lost a loved one
- Are in the process of losing a loved one and are dealing with the transition

When is the program?

- Thursdays | Sept. 26–Nov. 7, 2024 | 11:00 a.m.–Noon
- The program will be held online via Zoom.

How do I sign up?



Scan to register or visit go.wisc.edu/z8c3m7



Scan or visit **go.wisc.edu/planningahead-participants** to download a fillable copy of the Planning AHEAD workbook and get more information.

For questions regarding the program, please contact: Sara Richie by emailing, sara.richie@wisc.edu



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	Planning AHEAD program topics
€	Getting Started
East	Handling Financial Changes
*	Advance Medical and Legal Directives
\$	Estate Planning
3	Choices in End-of-Life Care
	Final Wishes
5	Understanding Grief